Use of Unconventional ROIs in Complex Cases

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Cone Health Cancer Center at Wesley Long

Started out as test center for SGRT in 2012 breast and brain patients

Over the next several years we tested it on other body areas

We now use SGRT on every single patient, and thanks to SGRT, we are now a markless center.

SGRT has made us a more efficient center. We can now treat up to 144 single isocenter patients in our standard work day.







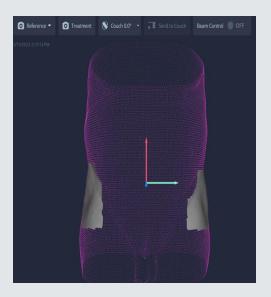
ROI (*Region of Interest*)

What should I consider when creating an ROI?

Include the treatment area when possible.

Use a stable part of the body. Ensure the ROI can be tracked by at least two of the three cameras at all times.

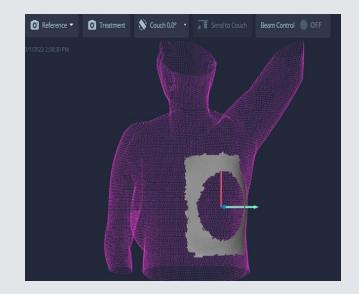
Pelvis



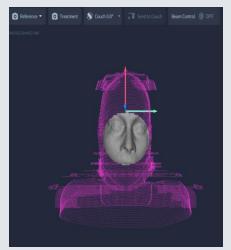
Scv/Axilla



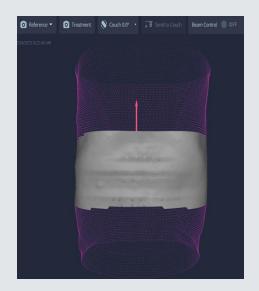
Breast



Brain



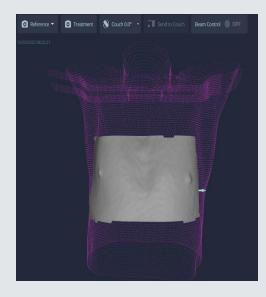
Abdomen



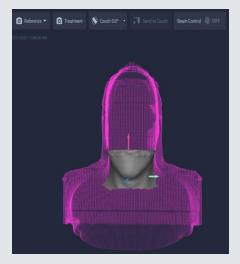
Extremity



Chest



H/N



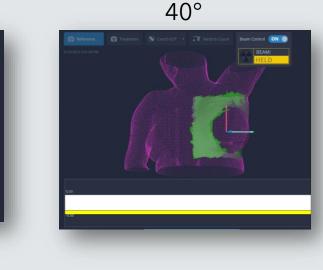
Case Study

treatment which consisted of 3 static fields. One of those fields was a 40° gantry angle that was blocking the camera on the patients left side as well as some of the front camera. Since this angle did not allow at least 2 of the SGRT cameras to visualize the ROI, it was necessary for us to make adjustments from our standard breast ROI to a more unconventional one.





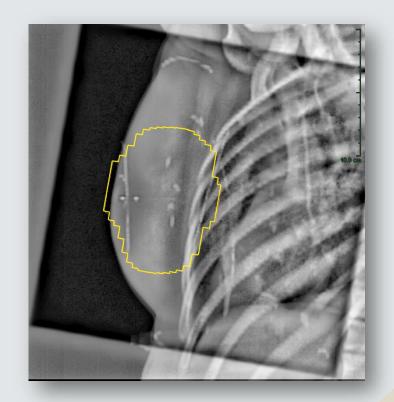
320°



By adding more ROI across the chest and under the opposing breast, it allowed for 2 cameras to better visualize the needed area for treatment at all 3 treatment angles while the patient was holding their breath.

Verification Imaging

Performing imaging is one way to feel comfortable with treating after making an unconventional ROI. This specific patient had weekly port films that were used to verify the new ROI. 120° angle



Video Function

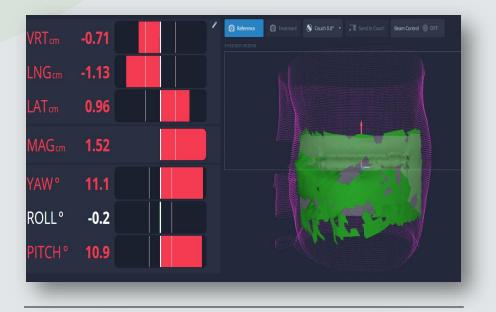
VRTcm	0.27	Couch 0.0* • , I Send to Couch Beam Control OFF
LNGcm	0.02	
LATcm	0.12	
MAGcm	0.30	
YAW°	1.1	
ROLL°	0.0	
PITCH°	0.8	

A great tool, especially for markless centers, that can help you in getting closer to isocenter if you are too far off for SGRT to pick up.

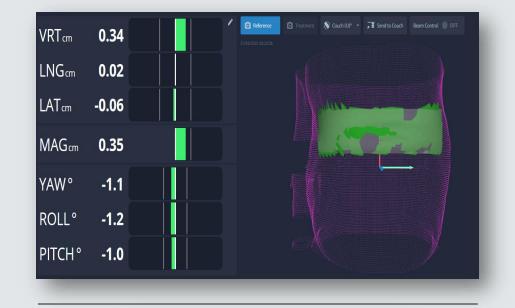
Shows contours from 3 different angles to be able to check arm placement, bolus placement, and other body parts for unconventional setups.

You can see if a patient has swelling or weight loss that is throwing the ROI off.

Great for DIBH patients to help ensure that they are holding their breath.

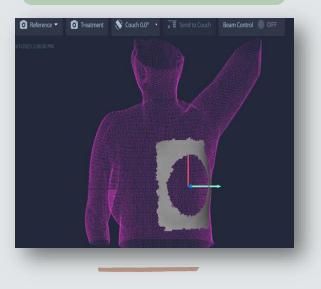






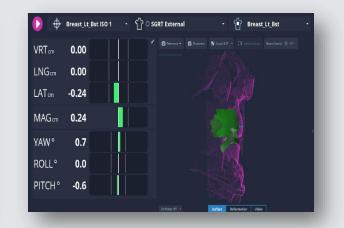


Standard



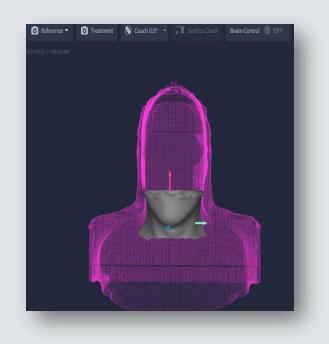
Unconventional







Standard





Unconventional



Conclusion

ROIs can be adjusted based on patients anatomy or treatment plan to increase the effectiveness of their setup.

A better setup will cause less shifts to be needed from imaging and lead to increased confidence in the ability to treat without marks.

SGRT is helpful with every type of patient. It has made the radiation therapy treatment experience better for therapists and patients!

Thank You!

