# Abdominal/Pelvis setup accuracy using skinmark-free SGRT – a retrospective analysis

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# Disclosures

Alfred Health is an Australasian Reference Site for VisionRT. Travel relating to this event has been reimbursed by VisionRT.

# Acknowledgement of Country

I would like to respectfully acknowledge the Traditional Owners of the land on which we meet today, the Wurundjeri Woi-Wurrung and Boon Wurrung people of the Kulin Nation, and pay my respects to Elders past and present.



### SGRT at Alfred Health – a very brief history







Gate treatment beam

CAMERAS (1,2,3)



### SGRT at Alfred Health – the leap to "skinmark-free"



#### **Psychosocial Impacts of Radiation Tattooing** For Breast Cancer Patients

**A Critical Review** 

BARBARA CLOW AND JANET ALLEN



Survivorship Wellness Journal of Medical Imaging and Radiation Sciences

Journal de l'imagerie médicale et des sciences de la radiation

www.elsevier.com/locate/imir

Journal of Medical Imaging and Radiation Sciences 53 (2022) 856–862 Research Article

Eliminating tattoos for short course palliative radiation therapy: Set-up error, satisfaction and cost

J. Javor<sup>a,\*</sup>, A. Cashell<sup>a</sup>, T. Rosewall<sup>a,b</sup>, C. Feuz<sup>c,a</sup>, E. Taylor<sup>a,b</sup> and A. Barry<sup>a,b</sup>

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Review Article

Managing Body Image Difficulties of Adult Cancer Patients

Lessons From Available Research

Michelle Cororve Fingeret, PhD<sup>1,2</sup>; Irene Teo, PhD<sup>1,2</sup>; and Daniel E. Epner, MD<sup>3</sup>

Physical Activity

#### **AlfredHealth**



The Breast Journal WILEY

Radiotherapy tattoos: Women's skin as a carrier of personal memory—What do we cause by tattooing our patients?

Torsten Moser PhD<sup>1</sup> D | Menna Creed BSc Hons<sup>1</sup> | Robyn Walker BA<sup>1</sup> | Gernot Meier PhD<sup>2</sup>

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### **Skinmark-free RT workflow at the Alfred**

CT Simulation	Planning	Pre-Treatment Preparation	Treatment Setup	IGRT and Treatment Delivery
Select equipment well indexed to couch Record/photograph virtual reference line landmarks based on CT lasers (e.g midline, horizontal baselines) No marks/tattoos drawn on patient	Selecte appropriate isocentre position Isocentre recorded in relationship to virtual reference lines Rendered views/ diagrams created showing isocentre on patient surface	RTs export patient to SGRT system DICOM body contour selected as default daily setup surface RTs define ROI based on departmental protocols	Patient positioned on indexed equipment. Set planned couch values SGRT monitoring turned on. Check gross position ok? Crosscheck iso against planning landmarks/ diagrams Fine tune translations/ rotations based on SGRT	Acquire either kV paired or CBCT verification images Online match, correction to zero in all available translations and rotations New daily SGRT monitoring surface acquired after corrections Treatment proceeds

## Study aims

- What setup accuracy was being achieved with completely skinmark-free setup of abdomen and pelvis patients at our centre?

- As setup accuracy was determined by analysing IGRT in this study, what was the relationship between setup accuracy and method of image assessment (bony vs soft tissue)?

Low Risk Ethics approval obtained for this study

# Method

Study period July 2018 – June 2021

Obtained list of all patients treated at our centre, sorted by VRMDS site

VRMDS site codes used to identify abdomen and pelvis treatments

316 patients (74 abdomen, 242 pelvis)

Treatment encompassed palliative, radical, SABR

4,883 fractions

# Method

Data taken from first IGRT after SGRT setup

ARIA Offline Review reporting extracted using in-house Python script

Available translations and rotations recorded

Each individual fraction considered separate data point



kV paired data: Vert, long, lat, yaw

CBCT data: Vert, long, lat, yaw, pitch, roll



		Mean signed displacement		Mean absolute displacement		
		(std dev)		(std_dev)		
		kV paired	CBCT	kV paired	CBCT	
		<i>n</i> = 468	n = 228			
	Vert mm	- <b>0.7</b> (4.4)	<b>-1.5</b> (3.3)	<b>3.4</b> (2.9)	<b>2.9</b> (2.1)	
Abdomen	Long mm	<b>-0.9</b> (5.3)	<b>-2.0</b> (6.5)	<b>3.9</b> (3.7)	<b>5.0</b> (4.7)	
	Lat mm	<b>0.9</b> (3.1)	- <b>0.1</b> (6.2)	<b>2.4</b> (2.2)	<b>2.9</b> (5.5)	
	Yaw deg	<b>0.0</b> (1.0)	- <b>0.0</b> (1.1)	<b>0.7</b> (0.7)	<b>0.8</b> (0.7)	
	Pitch deg	-	0.4 (1.1)	-	<b>0.8</b> (0.8)	
	Roll deg	-	<b>-0.1</b> (1.3)	-	<b>0.9</b> (0.9)	
		kV paired	CBCT	kV paired	CBCT	
		n = 2227	<i>n</i> = 1816			
Abdomen -	Vert mm	<b>-1.1</b> (3.2)	<b>-1.3</b> (3.6)	<b>2.5</b> (2.3)	<b>3.0</b> (2.3)	
	Long mm	<b>-1.8</b> (5.4)	<b>-1.8</b> (4.8)	<b>3.9</b> (4.1)	<b>4.0</b> (3.2)	
	Lat mm	<b>0.1</b> (2.9)	<b>0.2</b> (1.8)	<b>1.6</b> (2.4)	<b>1.4</b> (1.1)	
	Yaw deg	<b>-0.1</b> (0.9)	- <b>0.0</b> (1.1)	<b>0.6</b> (0.7)	<b>0.8</b> (0.7)	
	Pitch deg	-	<b>0.2</b> (1.4)	-	<b>1.1</b> (0.9)	
	Roll deg	-	- <b>0.1</b> (0.9)	-	<b>0.6</b> (0.7)	

## Results

### **Comparison to published literature**



#### **AlfredHealth**

#### Original Article

#### Optical Surface Scanning for Patient Positioning in Radiation Therapy: A Prospective Analysis of 1902 Fractions

G Carl<sup>1,\*</sup>, D Reitz, MD<sup>1,\*</sup>, S Schönecker, MD<sup>1</sup>, M Pazos, MD<sup>1</sup>, P Freislederer<sup>1</sup>, M Reiner, PhD<sup>1</sup>, F Alongi, MD<sup>2,3</sup>, M Niyazi, MD<sup>1</sup>, U Ganswindt, MD<sup>1,4</sup>, C Belka, MD<sup>1</sup>, and S Corradini, MD<sup>1</sup>

Walter et al. Radiation Oncology (2016) 11:154 DOI 10.1186/s13014-016-0728-1

#### Radiation Oncology

CrossMark

#### RESEARC

Evaluation of daily patient positioning for radiotherapy with a commercial 3D surface-imaging system (Catalyst<sup>™</sup>)

F. Walter<sup>14</sup>, P. Freislederer<sup>1+</sup>, C. Belka<sup>1</sup>, C. Heinz<sup>1</sup>, M. Söhn<sup>1</sup> and F. Roeder<sup>1,2</sup>

Technology in Cancer Research & Treatment Volume 17: 1-9 The Author(s) 2018 Article reuse guidelines: agepub.com/Journals-permissions DOI: 10.1177/1533033818806002 journals.agepub.com/home/tct SACE

### **Comparison to published literature**

CBCT Mean signed displacement (std dev)

			Alfred	Carl et al		Walter et al	
			n = 228	<i>n</i> = 630		n = <154	
			SGRT	SGRT	Skinmarks	SGRT	Skinmarks
		Vert mm	<b>-1.5</b> (3.3)	- <b>0.6</b> (5.6)	<b>0.7</b> (3.9)	<b>2.1</b> (5.5)	<b>2.1</b> (2.7)
	Abdomen	Long mm	<b>-2.0</b> (6.5)	<b>2.0</b> (5.3)	<b>1.6</b> (4.2)	<b>2.6</b> (1.8)	- <b>0.4</b> (1.2)
		Lat mm	- <b>0.1</b> (6.2)	- <b>0.5</b> (4.9)	- <b>0.1</b> (4.0)	<b>0.3</b> (2.2)	<b>2.2</b> (1.3)
		<i>n</i> = 1816	-		n = <154		
F	Pelvis	Vert mm	- <b>1.3</b> (3.6)	-	-	<b>1.6</b> (2.2)	<b>1.0</b> (1.1)
		Long mm	- <b>1.8</b> (4.8)	-	-	<b>-1.7</b> (2.8)	<b>0.4</b> (1.4)
		Lat mm	<b>0.2</b> (1.8)	-	-	- <b>0.9</b> (1.5)	- <b>0.9</b> (1.4)

### Bony vs. soft tissue match analysis

Online IGRT match method determined by departmental policy Bony match used when CBCT performed weekly/not every fraction Soft tissue match performed when CBCT used every fraction Hypothesis – SGRT would perform better when bony anatomy used for online IGRT



Two-tailed t-test used to establish any statistically significant differences in mean signed error between bony- and soft tissue-based CBCT matching

No clear trend observed





Bony matching showed statistically significant setup advantage for pitch and roll in abdomen cohort

Pelvis cohort rotational displacements non-inferior when soft tissue match used

#### Pitch p = 0.005Pitch set-up error (°) Mean signed displacement lower for bony match Abdomen, CBCT bony Abdomen, CBCT soft tissue Pelvis, CBCT bony Pelvis, CBCT soft tissue Match type Roll p < 0.001 p = 0.001set-up error (°) Boll Mean signed Mean signed displacement lower displacement same, for bony match in opp. Direction Abdomen, CBCT soft tissue Pelvis, CBCT bony Pelvis, CBCT soft tissue domen, CBCT bony

## Summary

- Skinmark-free SGRT is a feasible setup method for patients at Alfred Health, including for abdomen and pelvis patients
- Skinmark-free SGRT for our abdomen and pelvis patients results in comparable initial setup displacement to abdo/pelvis patients with skinmarks at other institutions
- We did not observe any clear inferiority trends when analysing translational setup displacement for bony-matched fractions compared to soft tissue-matched fractions
- There was some reduced rotational displacement for the bony-matched fractions in the abdomen cohort but this was not replicated in the pelvis cohort
- Always use pre-treatment IGRT when skinmark-free SGRT utilised

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