



Clinical Implementation and first experience with Dose RT

Disclosures

PD Dr. Florian Stieler received compensation for travel expenses from Vision RT.



Basics – What techniques exist for image guidance/plan adaption

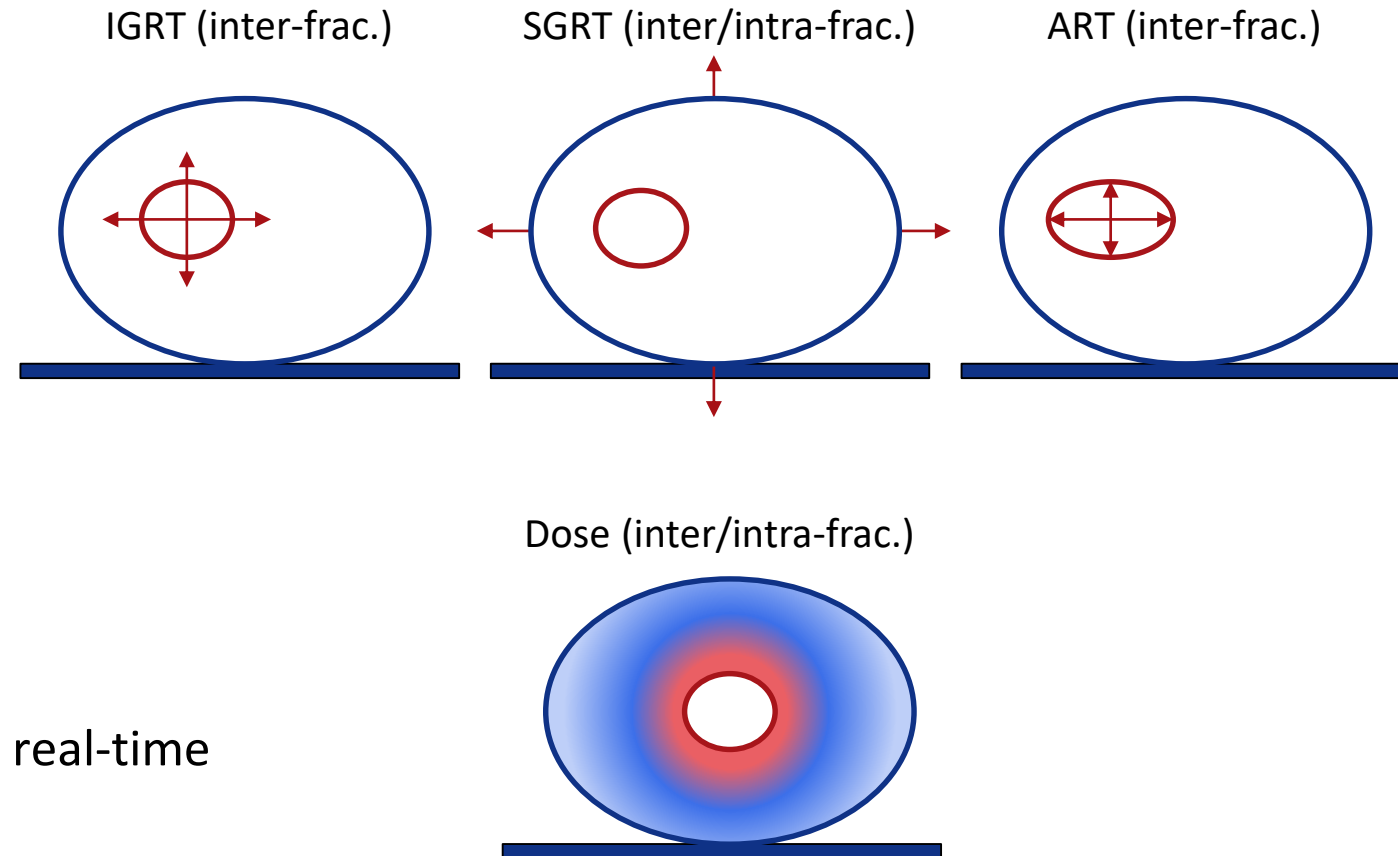
- Inter and intra-fraction image guidance systems (CBCT, Portal imaging (MV), MR, kV-imaging, SGRT, US, transponder, ...)
- Adaptive Radiotherapy (ART)

What do we see or do:

- the location of the target/surface before and during RT.
- Adapt the plan to the daily situation (ART)

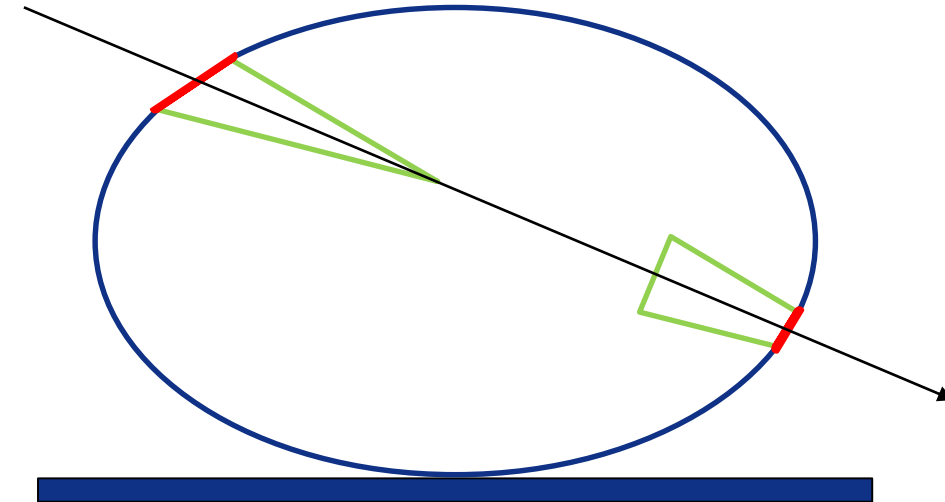
What do we want to see:

The deposition of the dose in/on the patient in real-time



Basics - Cherenkov radiation in radiation therapy

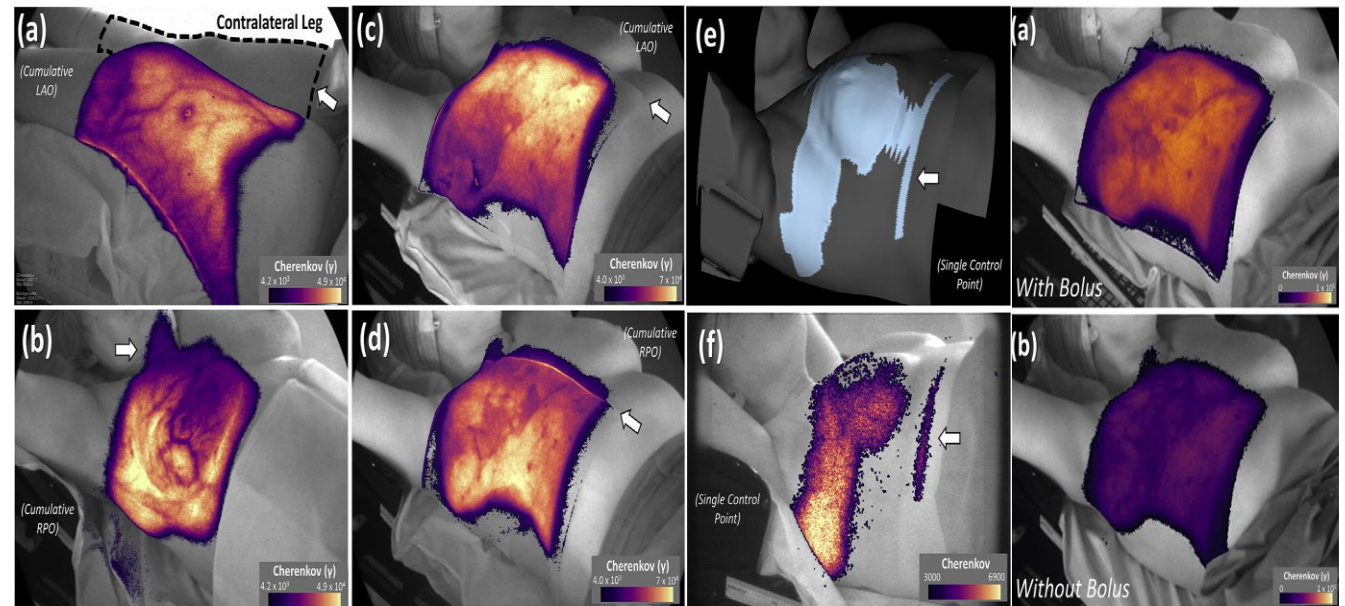
- Cherenkov radiation arises along the photon beam in the patient, but is only visible at the surface.
- The Cherenkov radiation arises right there, where we irradiate.
- The intensity of the Cherenkov radiation depends of the tissue density and the beam intensity.
 - Dense tissue (e.g. blood vessels, mamilla) → less signal
 - Thin tissue (fascia) → more signal



Basics – Current Applications of Cherenkov radiation in the field of radiation therapy

Surveillance of radiation therapy in real-time (recognition of irradiation errors)

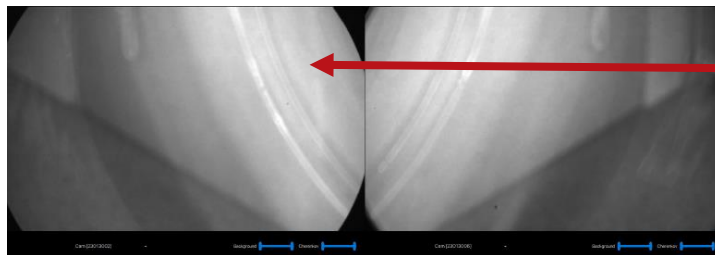
- Localization of irradiation (contra-lat. breast, arm, chin)
- Beam geometry (beam direction, field size)
- Intensity of irradiation
- Correct bolus in correct position



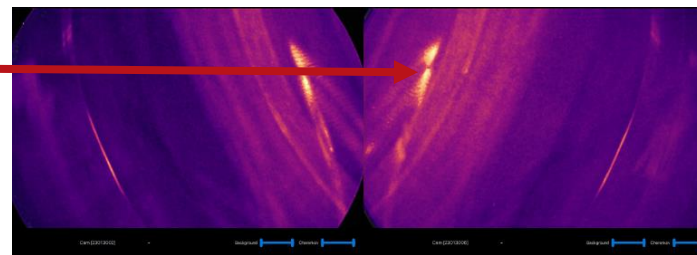
Jarvis et al. IJROBP 2020

Issue 1: Reflexion in the room

- Reflexions generate incorrect Cherenkov signals
- Locations of reflexions
 - Gantry (shining white)
 - MV and kV detectors
 - CBCT tube



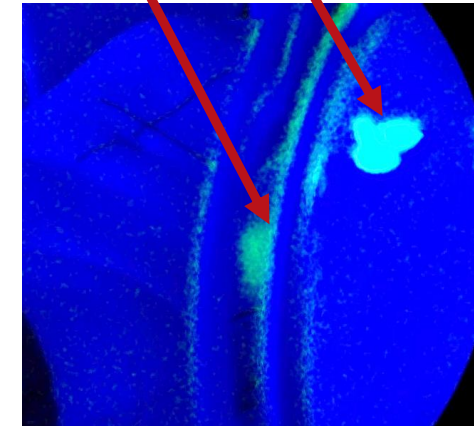
Sum image **without** room lights and object



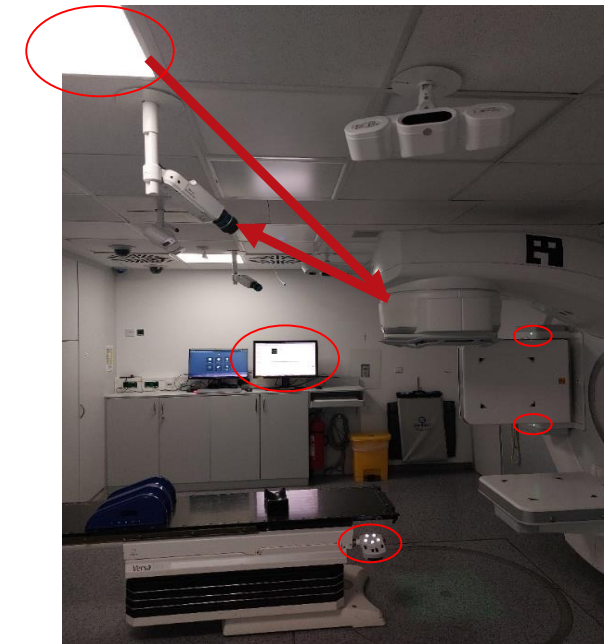
Sum image **with** room lights and object

- Source of reflexions:
 - 2 room lights on min dim level
 - Hand switch on table
 - Illuminated buttons on detectors
 - monitors

Patient signal and reflexion

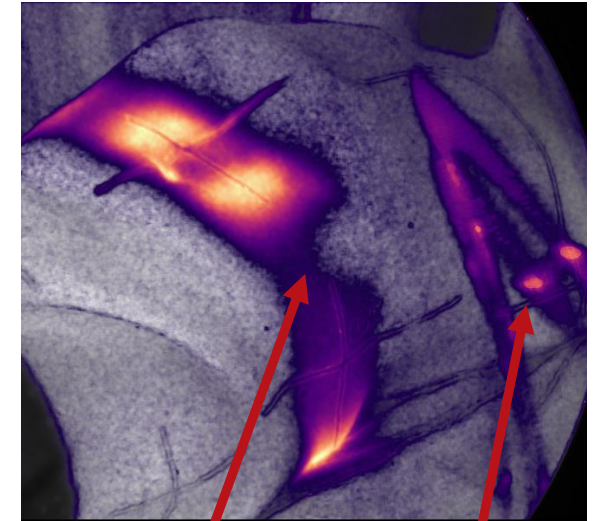


Screenshot of video



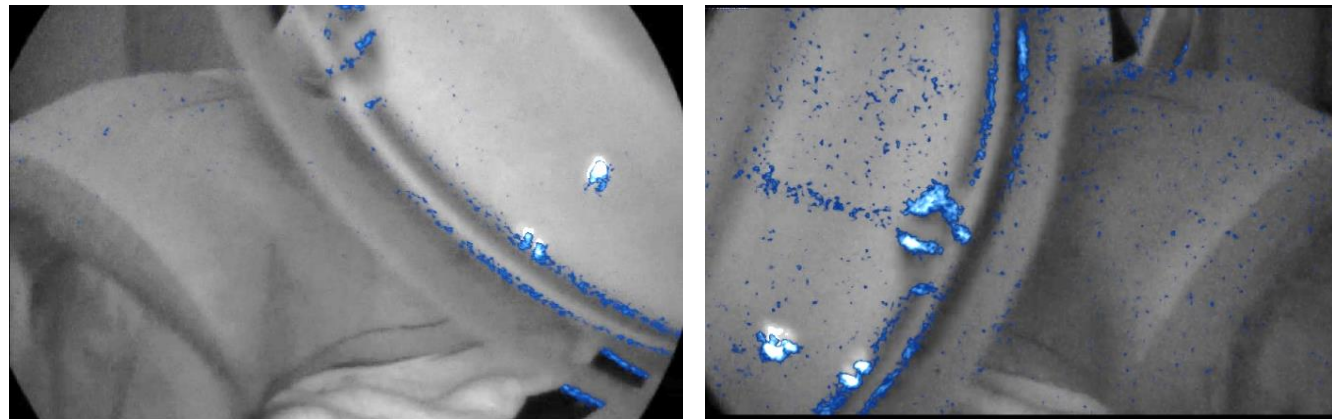
Issue 2: Blocked view

- Parts of the linac can block the view of the Dose RT cameras
- Thereby extinctions arise on the cumulated Cherenkov images
- Detectors und CBCT tube
 - After IGRT, detectors and CBCT tube must be parked manually (change of workflow).
- Gantry
 - Reposition Dose RT cameras



extinction

Reflexion
artefact



Extinction at Gantry angle 50° and 310°

Solutions for reflexions and blocked view

- Reposition Dose RT cameras
 - Version 1: 154 cm from Iso caudal, 88 cm lateral and 200+ cm above ground
 - GTX mounts for more flexibility
 - Version 2: closer to iso and closer to the center axis



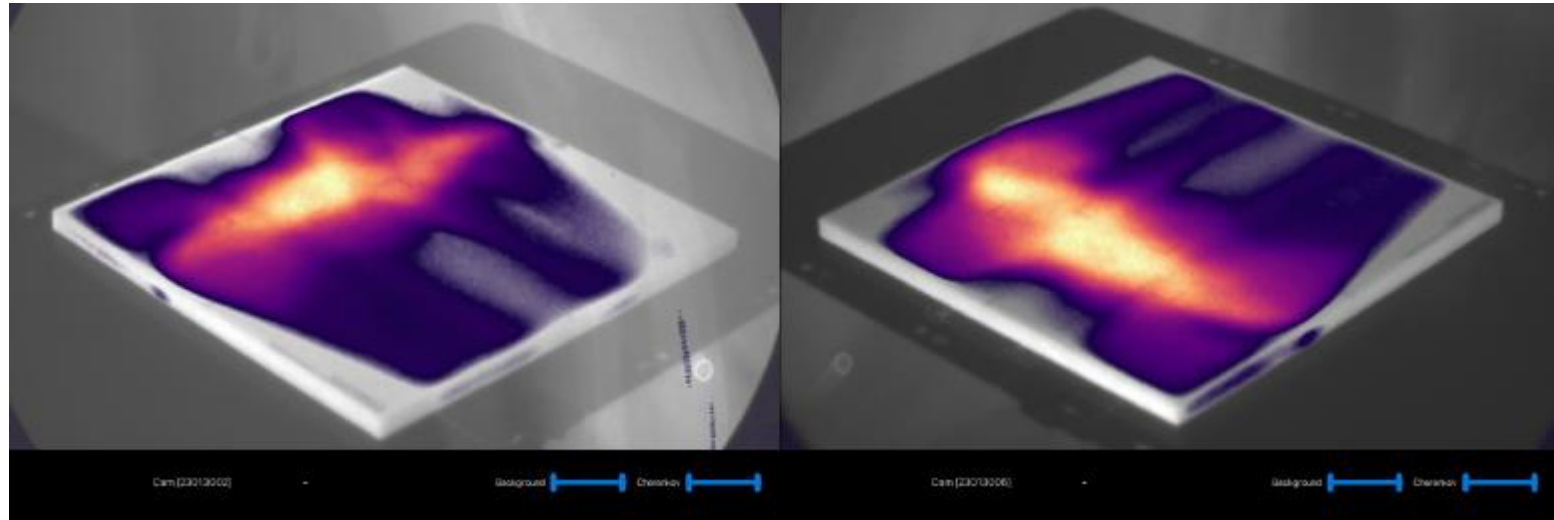
Repositioning version 1



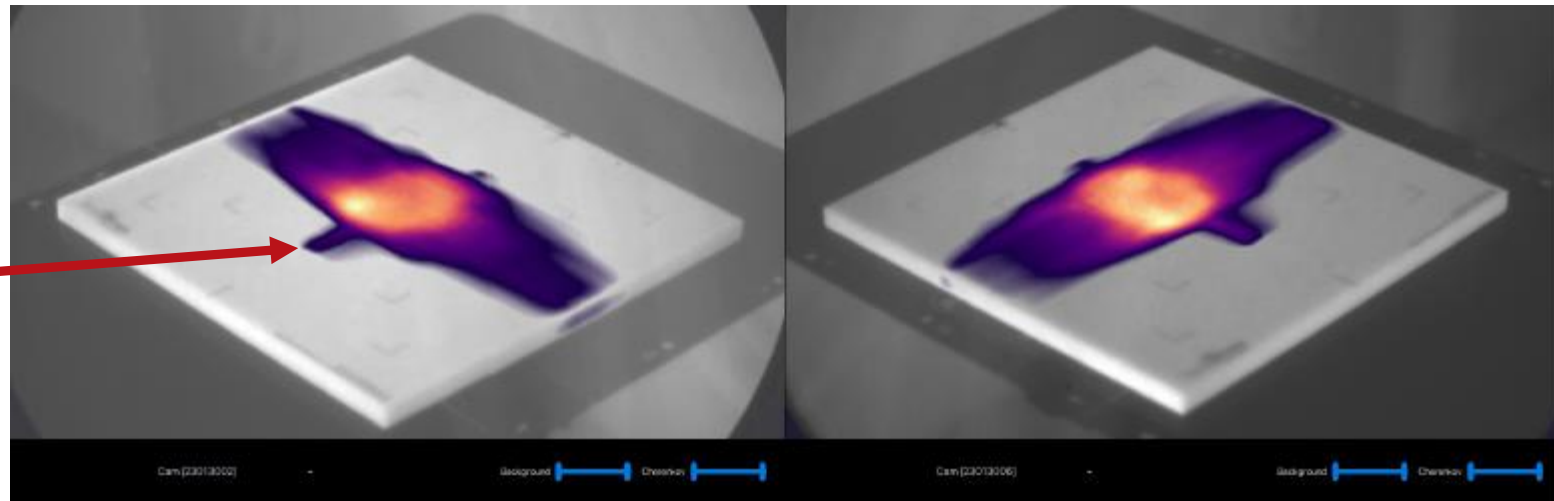
Repositioning version 2 (old vs. new)

Internal Acceptance - VMAT

- VMAT test case
- 6MV

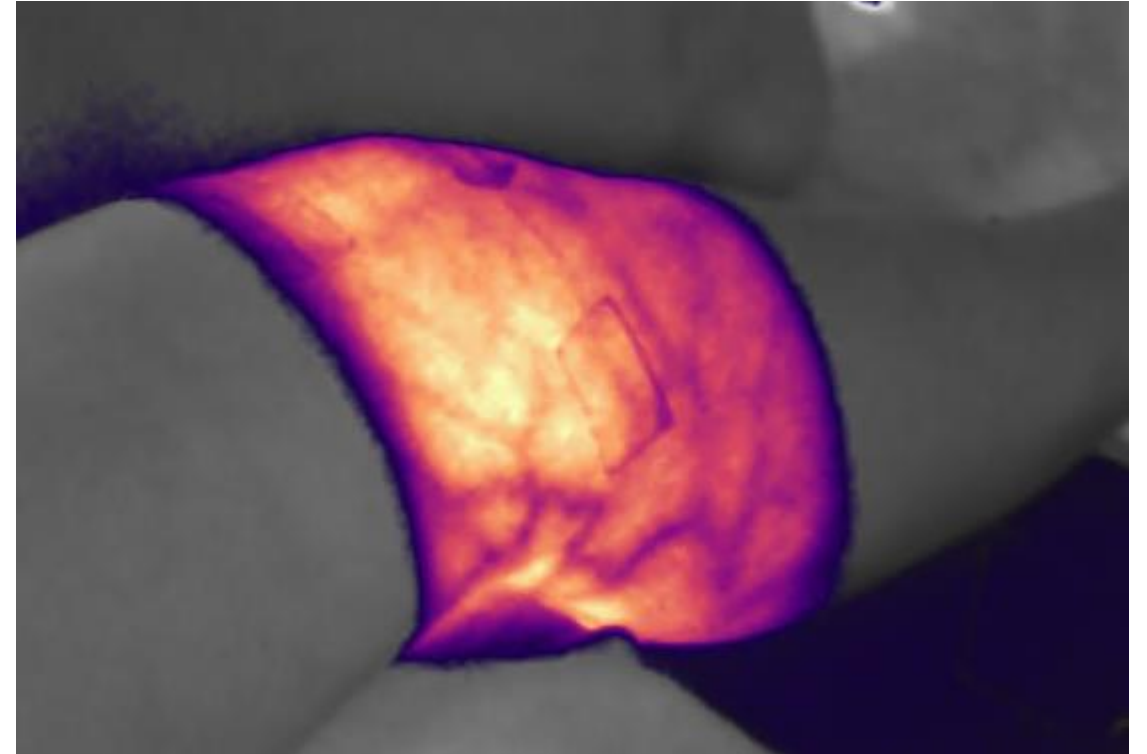


- Prostate test case leaves only
- 6MV
- Leaf Gap visible



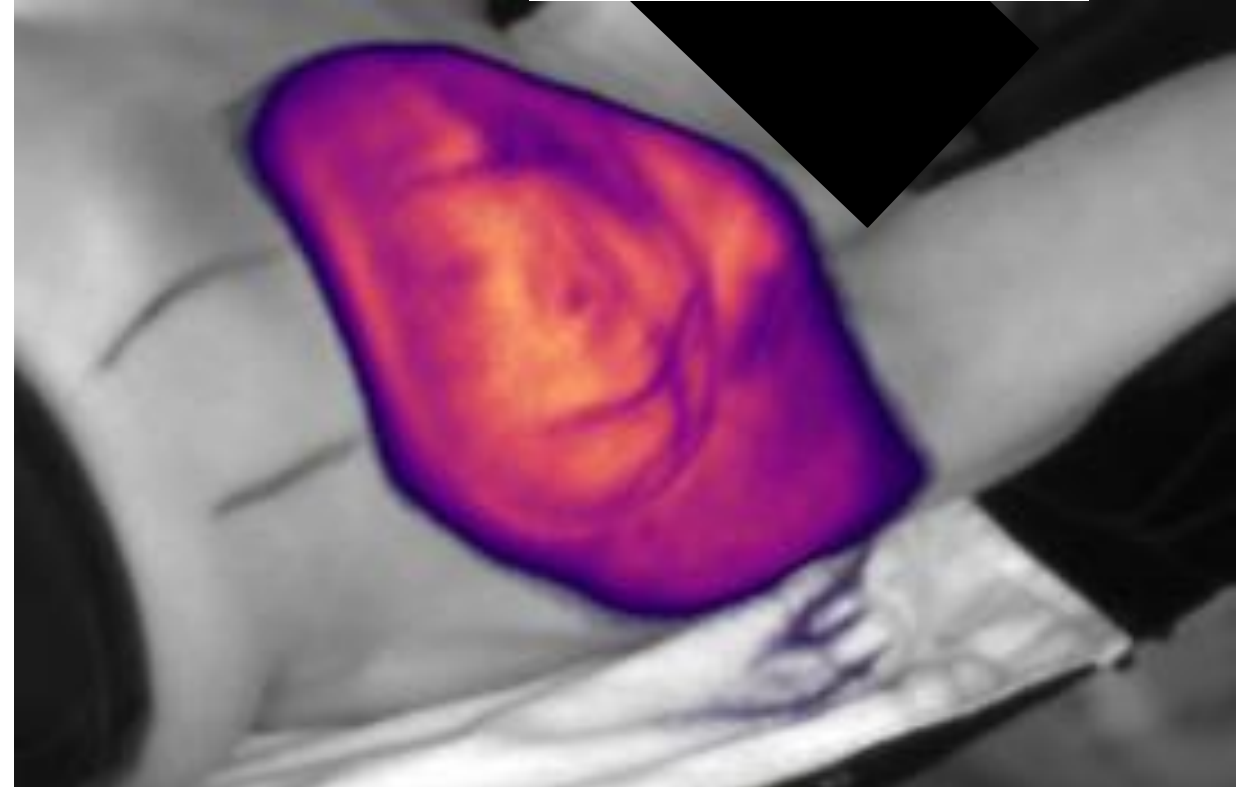
Clinical experience: 1 (Knee)

- Right knee
- 6 MV



Clinical experience: 2a (left Breast)

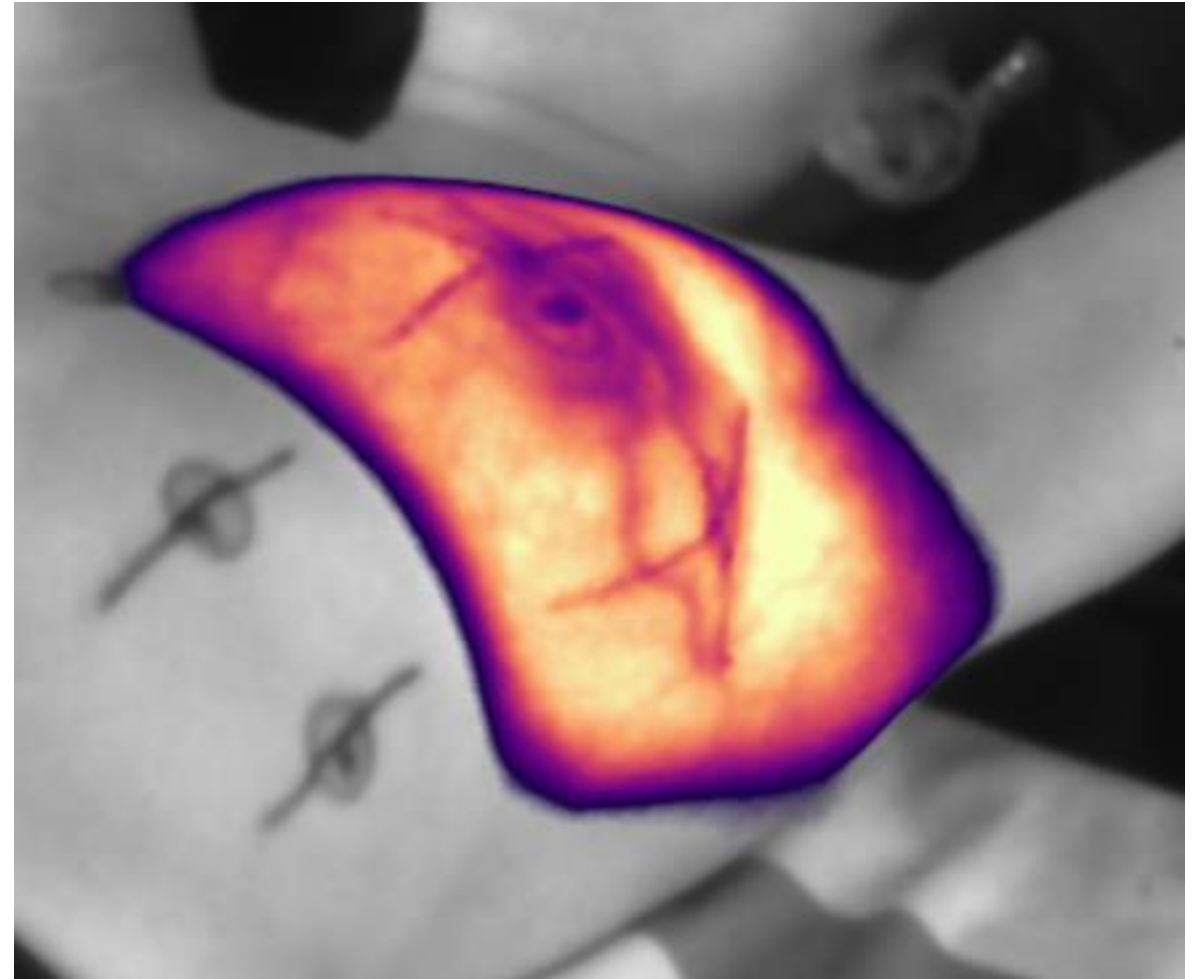
- S&S IMRT left Breast
- 6 MV
- No blocked view/artefacts
- No radiation on the contra lateral breast
- No missing IMRT segments
- No hotspots
- Markers visible (work in progress)
→ Marker-less



Cumulated Cherenkov image

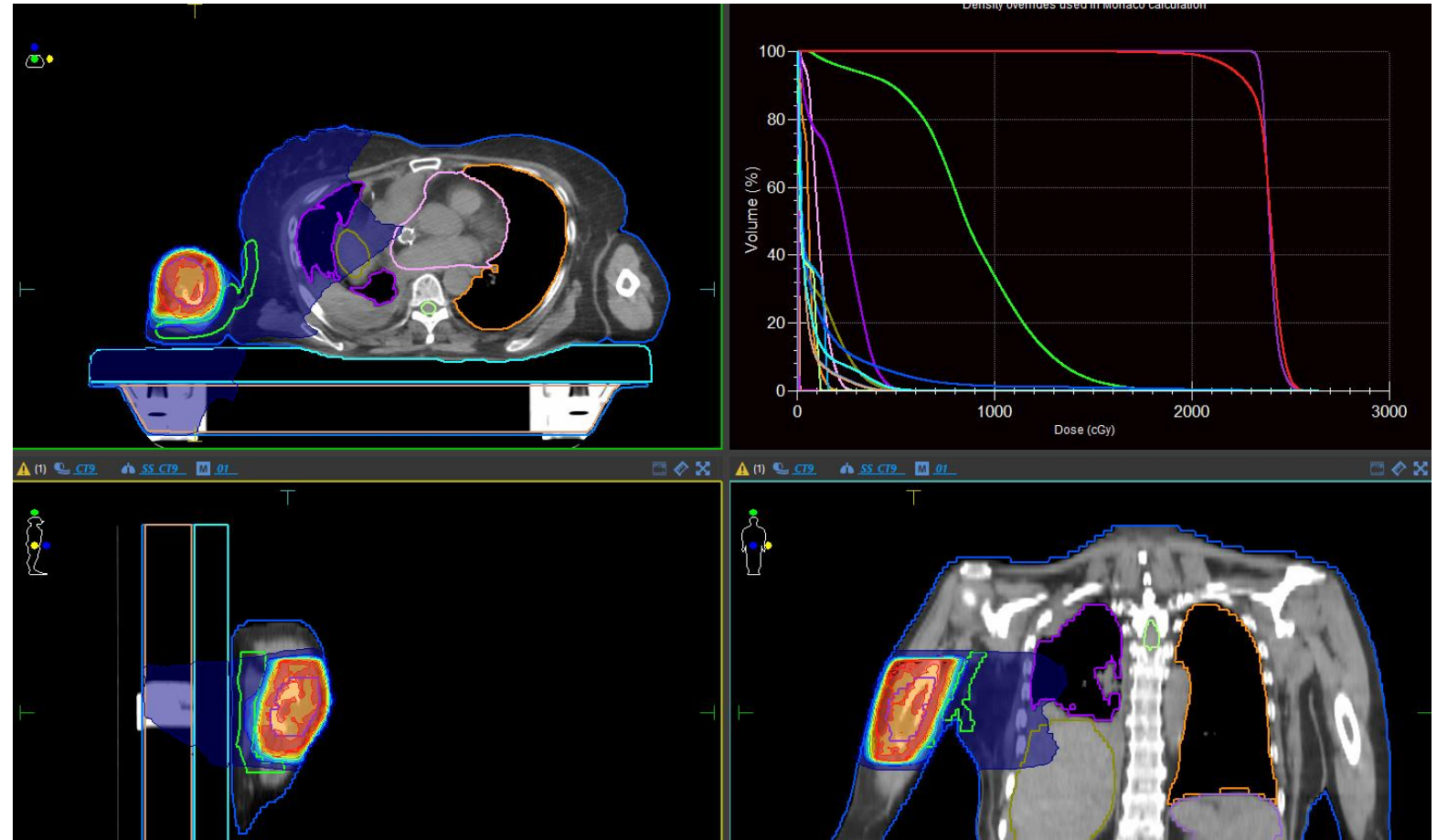
Clinical experience: 2b (left Breast) - low dose rates

- Left breast
 - Left breast 40á2.5Gy + integrated boost 48á3Gy
 - Simultaneous 2 tangential beams + partial VMAT arc
 - Normo-fractionated
- Cherenkov signal shows only the 2 tangential beams. The partial VMAT arc for the integrated boost was not detected due to low dose rates (<100MU/Min = outside specs)

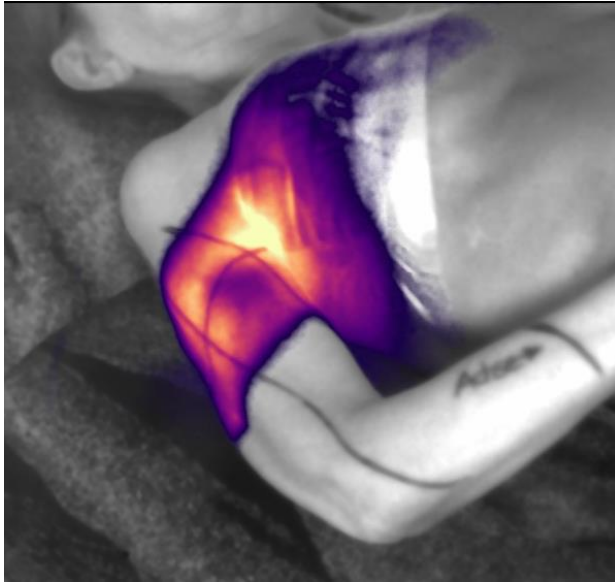


Clinical experience: 3 (Extremity)

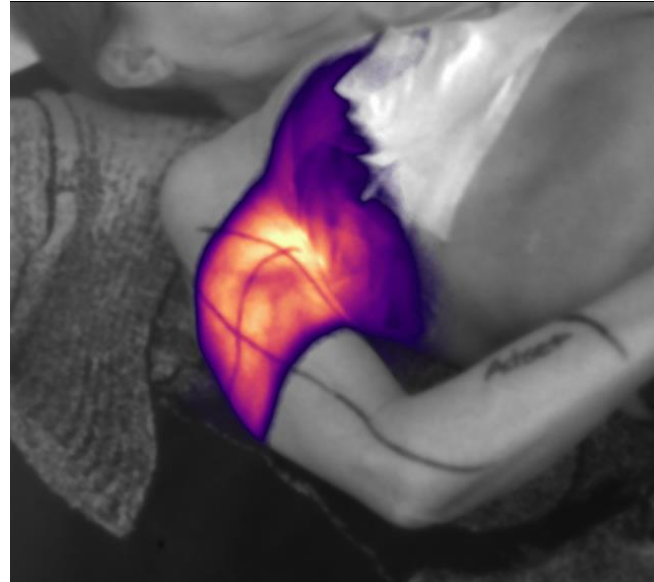
- VMAT upper arm right (6MV)
- 24 Gy in 6 fx
- Daily CBCT



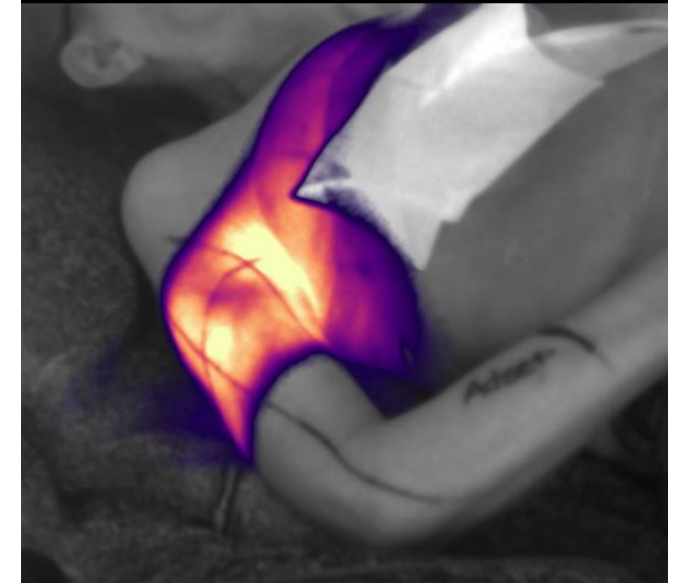
Clinical experience: 3 (Extremity)



Fraktion #1



Fraktion #2

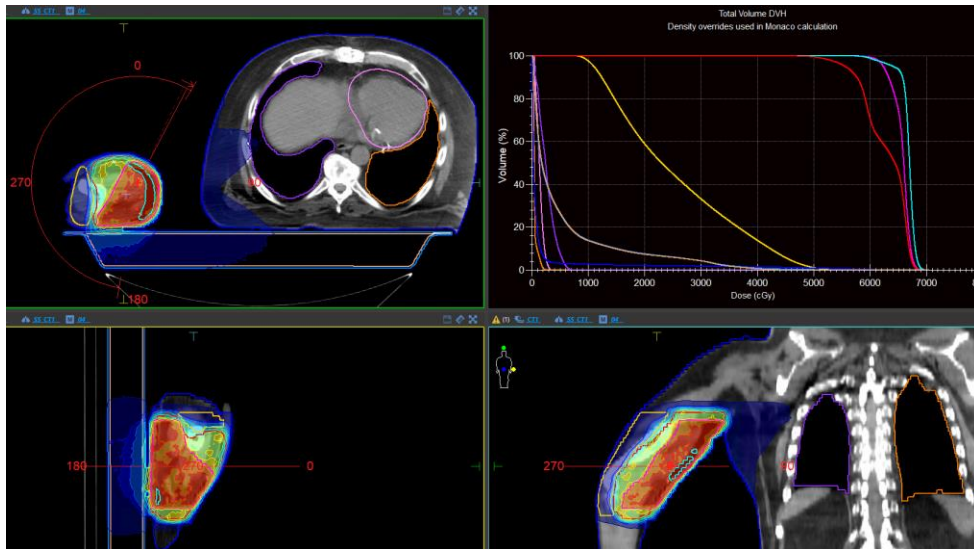


Fraktion #3

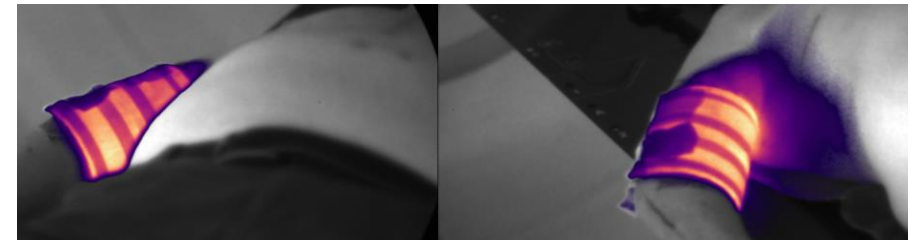
- Daily position and shape of cellotape was different and sophisticates the Cherenkov image
- Cherenkov signal is relative, an inter-fractional dosimetric comparison is difficult.

Clinical experience: 4 (Extremity)

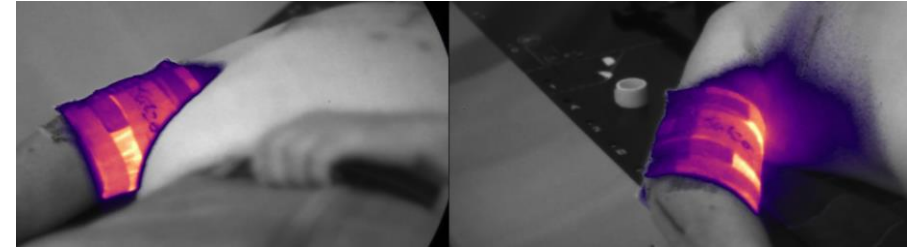
- VMAT upper arm right, 66/60 Gy in 30 Fx
 - Taped Bolus due to visibility for AlignRT
 - Daily CBCT
- Different Cherenkov signal due to bolus taping
- Cherenkov dose in thoracic wall similar in the range of the relative signal



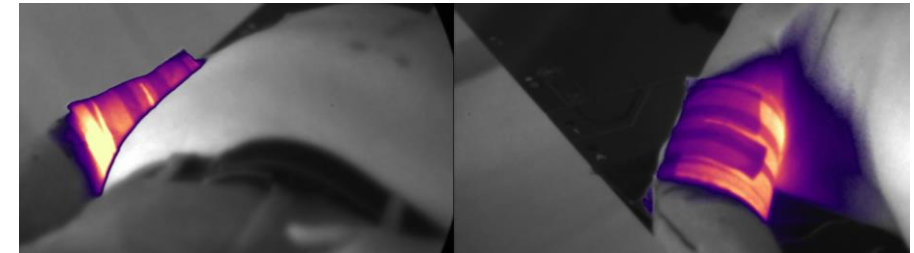
Fx 1



Fx 2



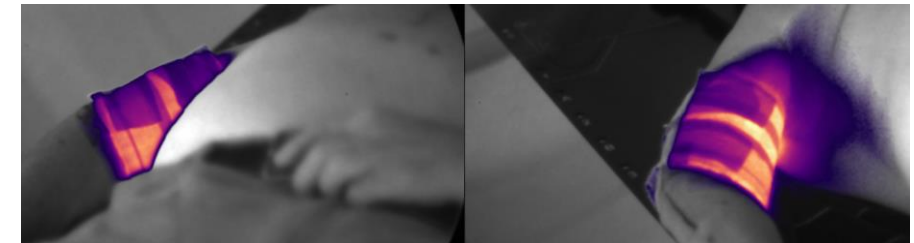
Fx 3



Fx 4

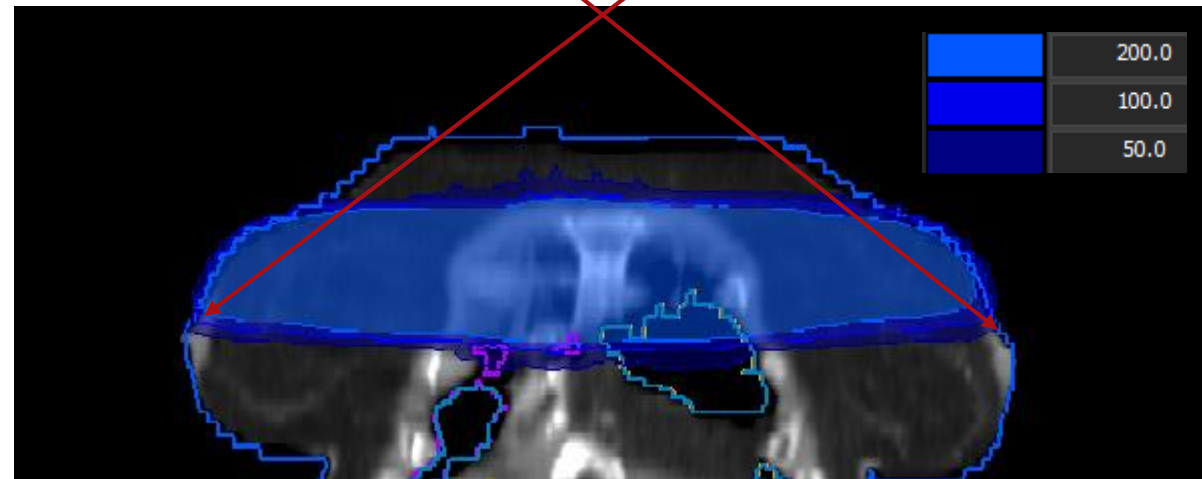
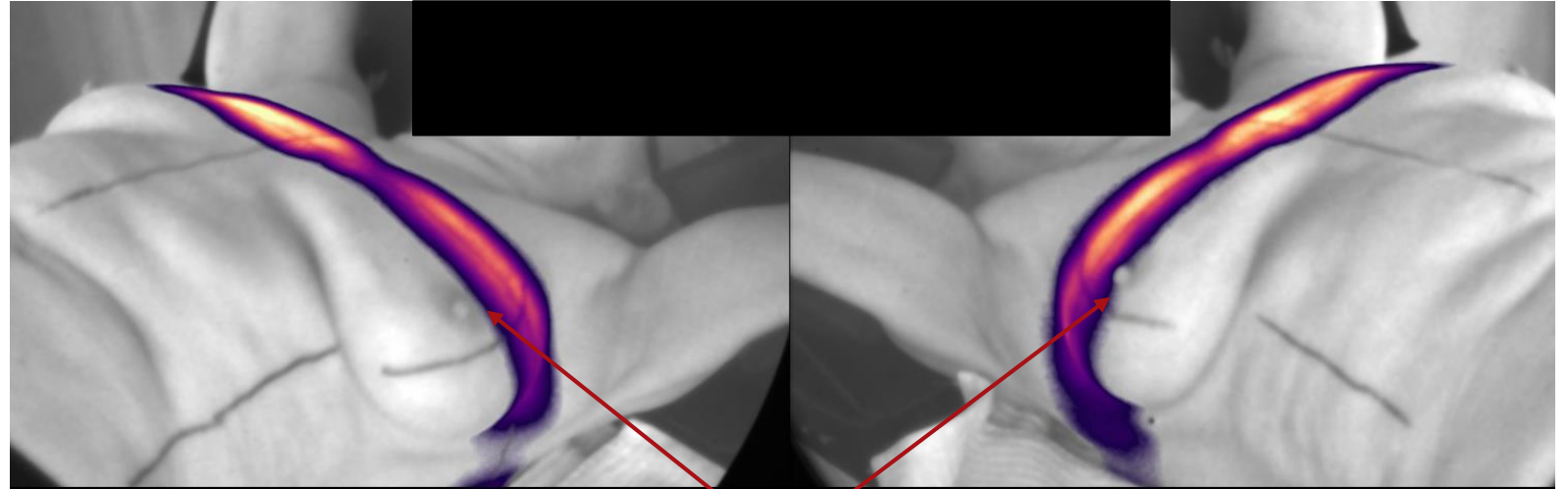


Fx 5



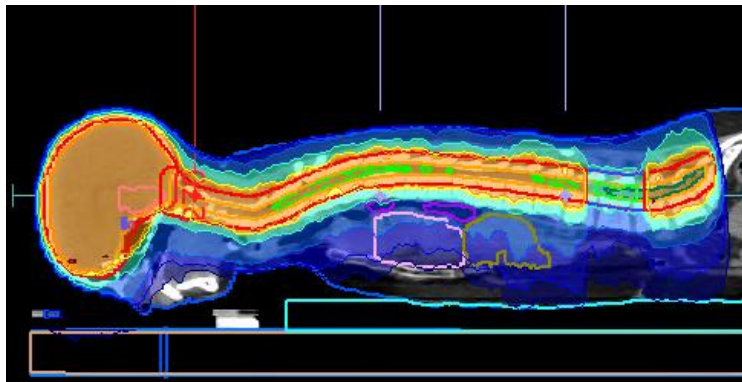
Clinical experience: 5 (Mediastinum)

- VMAT mediastinum (6FFF)
- 35 Gy in 5 fx
- Daily CBCT
- Good geometrical agreement to TPS (position of mamilla to planned dose)

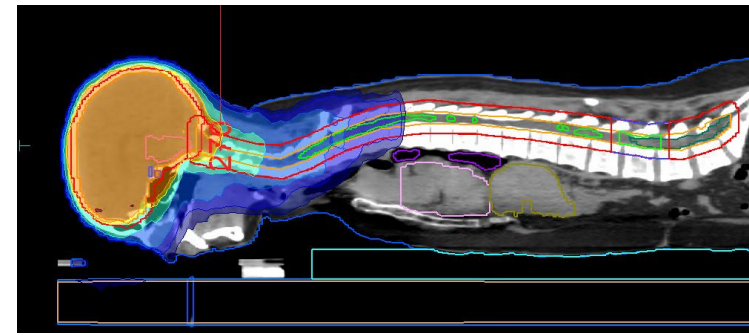


Clinical experience: 6 (Cranio-spinal)

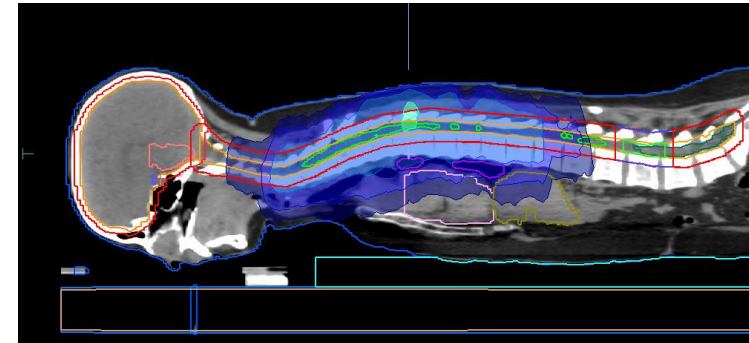
- Cranio-spinal irradiation
 - Including dose reduction due to former RT
- 36 Gy in 20 fx
- Daily CBCT of head isocenter and linear table shifts
- Prone position
- VMAT with 3 Isocenter
 - Posterior Rotations
 - Overlapping Rotations



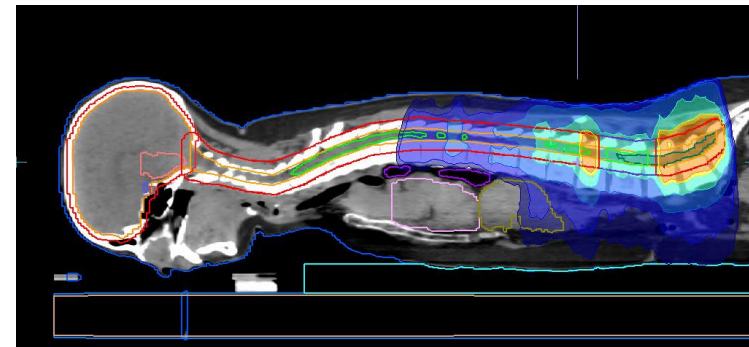
Total dose distribution



Dose distribution for upper Isocenter only



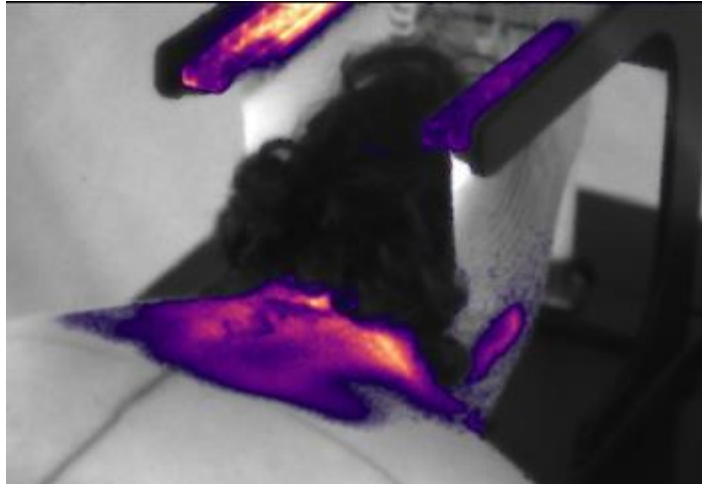
Dose distribution for middle Isocenter only



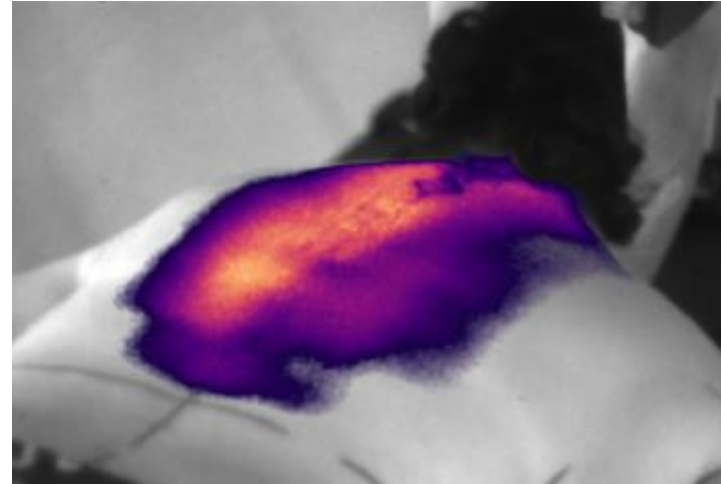
Dose distribution for lower Isocenter only

Clinical experience: 6 (Cranio-spinal)

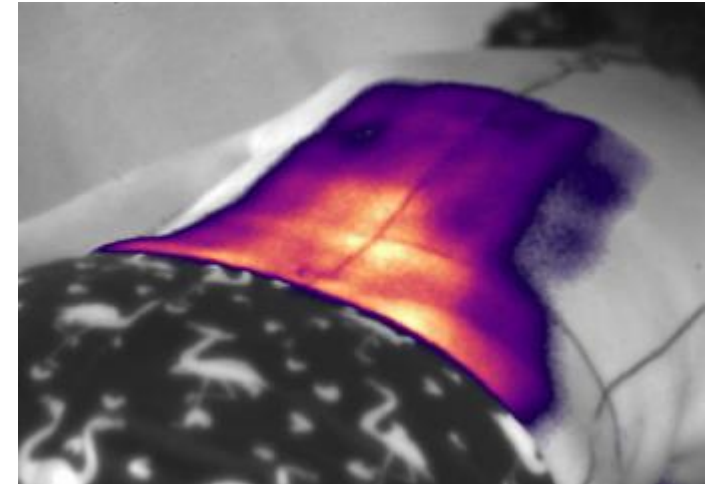
- First fraction



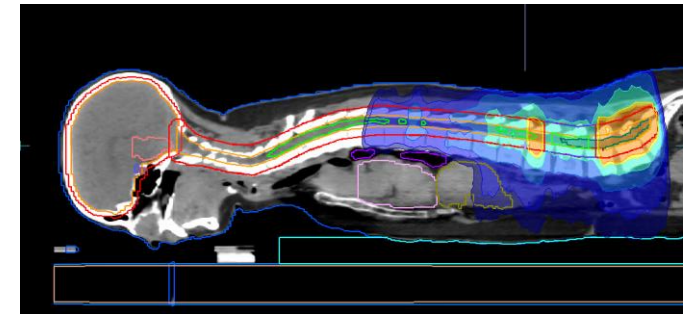
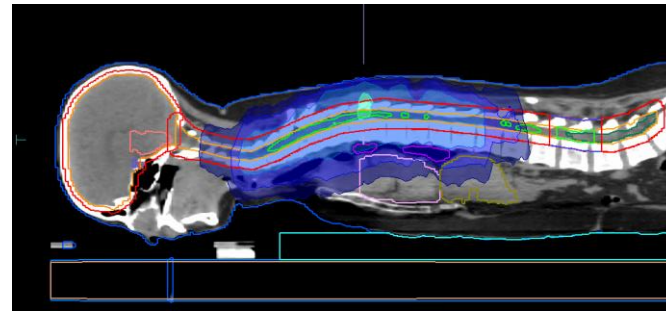
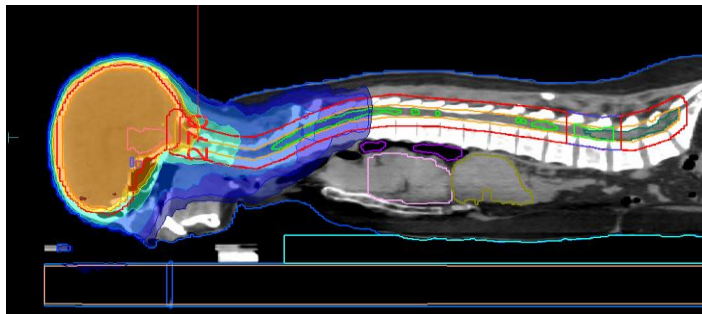
Cherenkov radiation for upper Isocenter only



Cherenkov radiation for middle Isocenter only



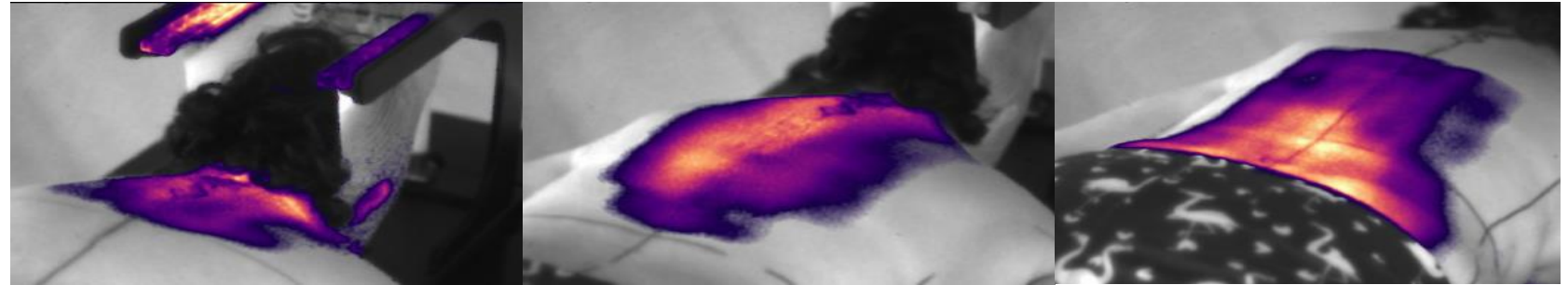
Cherenkov radiation for lower Isocenter only



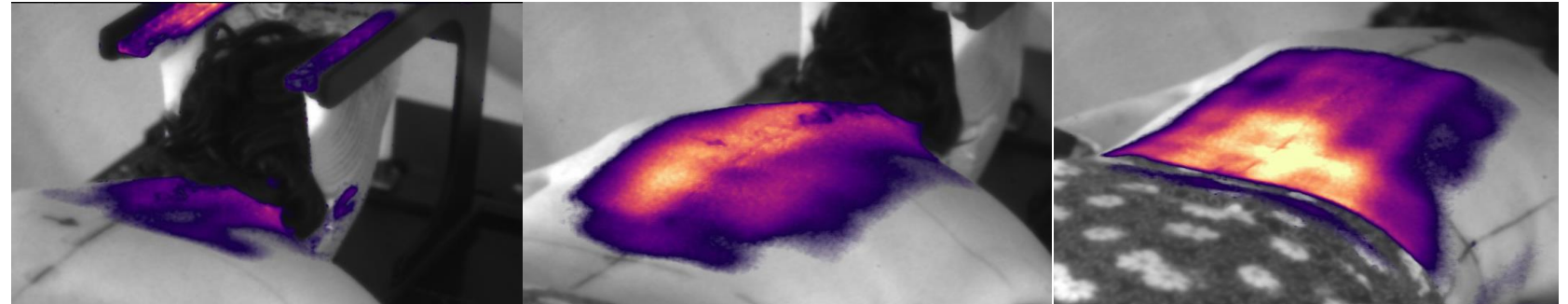
Clinical experience: 6 (Cranio-spinal)

- Relative Cherenkov signal
- Signal depends on windows-level settings

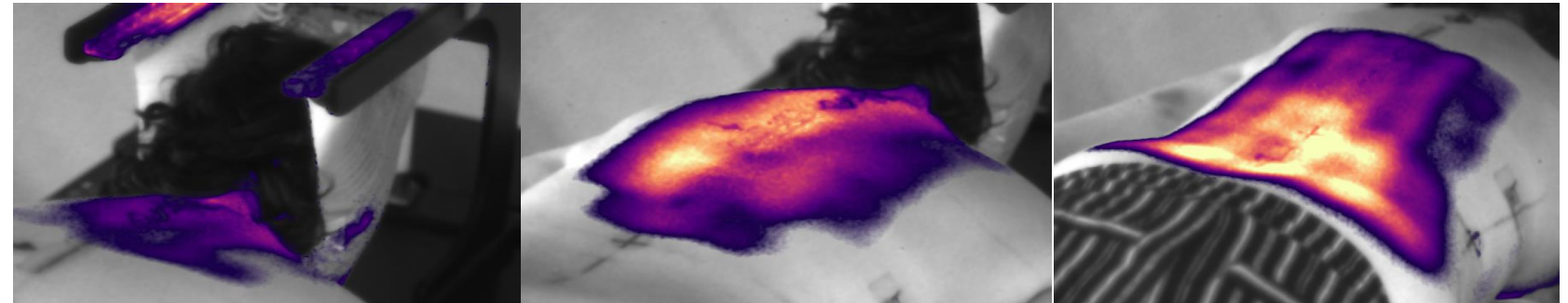
Fx 1



Fx 2

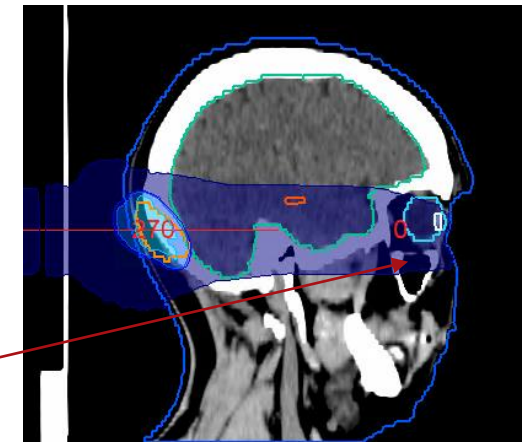
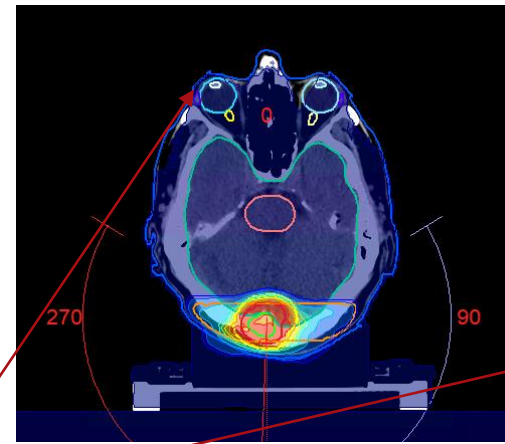


Fx 3

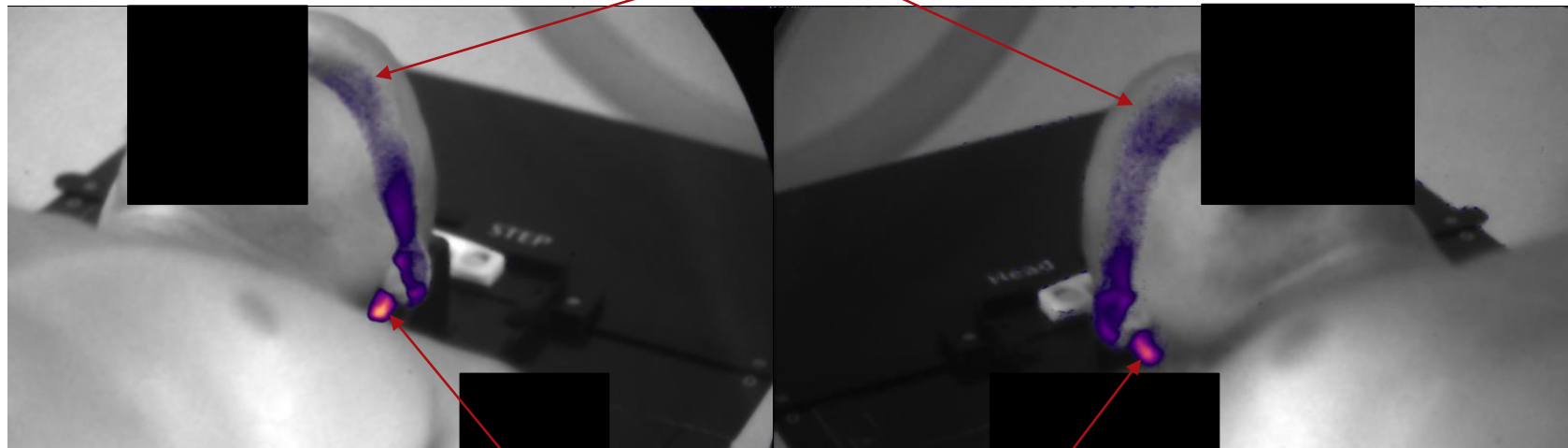


Clinical experience: 7 (Met)

- Osseous metastasis 35 Gy in 7fx
- Posterior VMAT rotation
- Mask-less due to patient conditions
- (Exit) dose in eyes 70cGy



Exit Cherenkov radiation



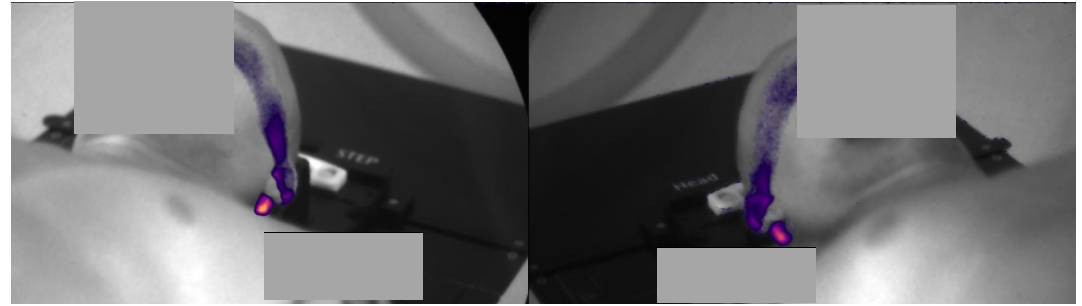
Primary Cherenkov radiation



Clinical experience: 7 (Met)

- Very good geometrical agreement
- In some fractions, no entry „dose“ visible due to different shoulder position which is irrelevant for RT (not the black shirt).

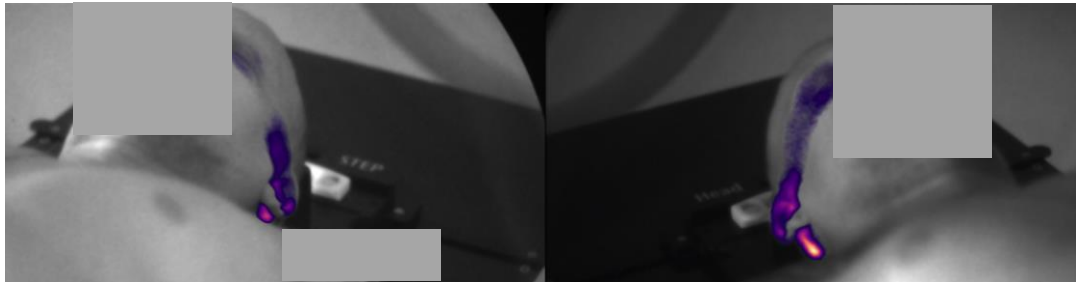
Fx 1



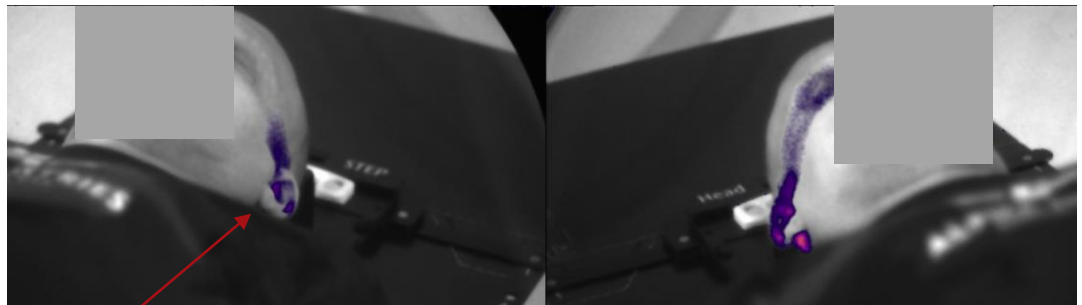
Fx 2



Fx 3

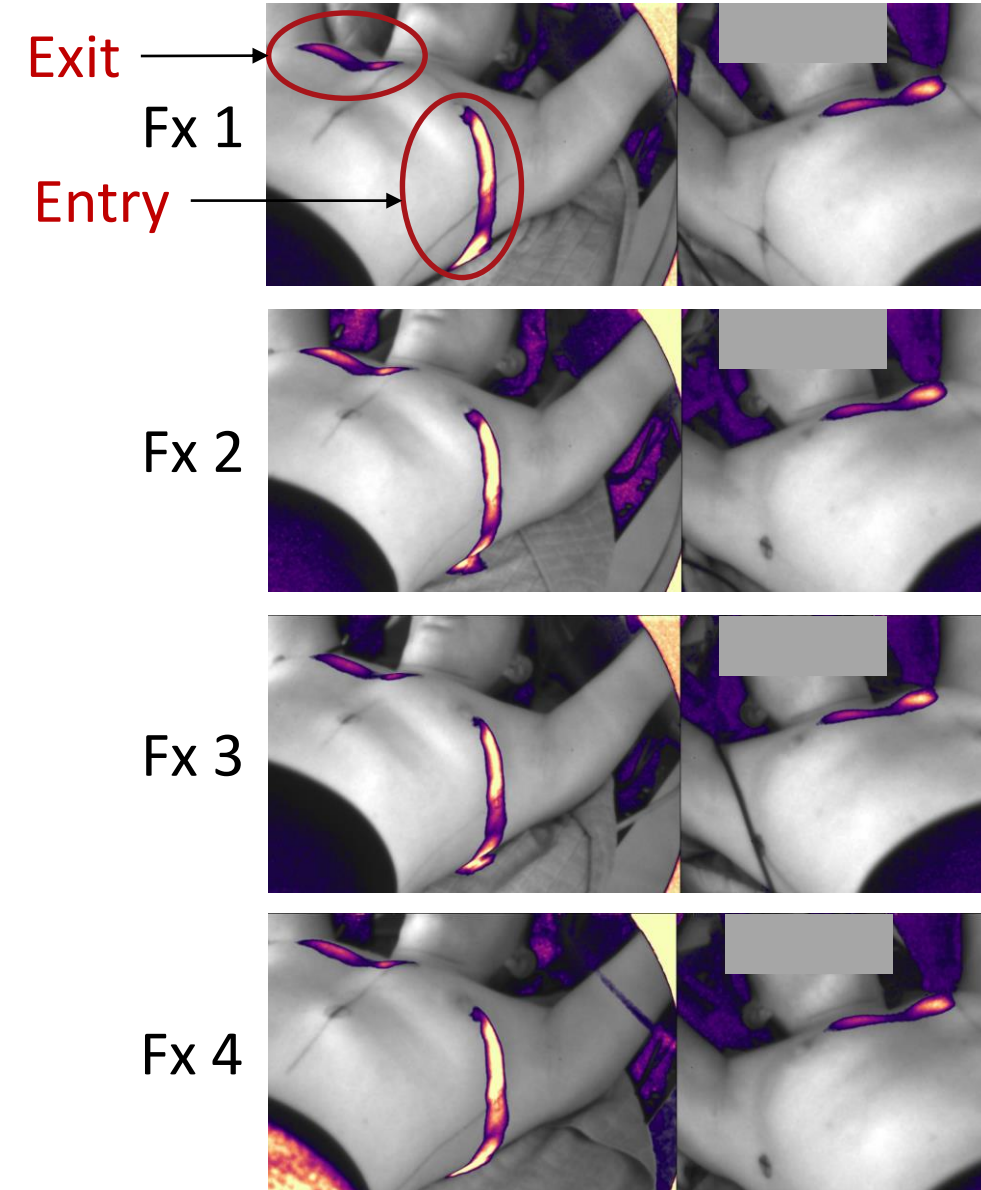
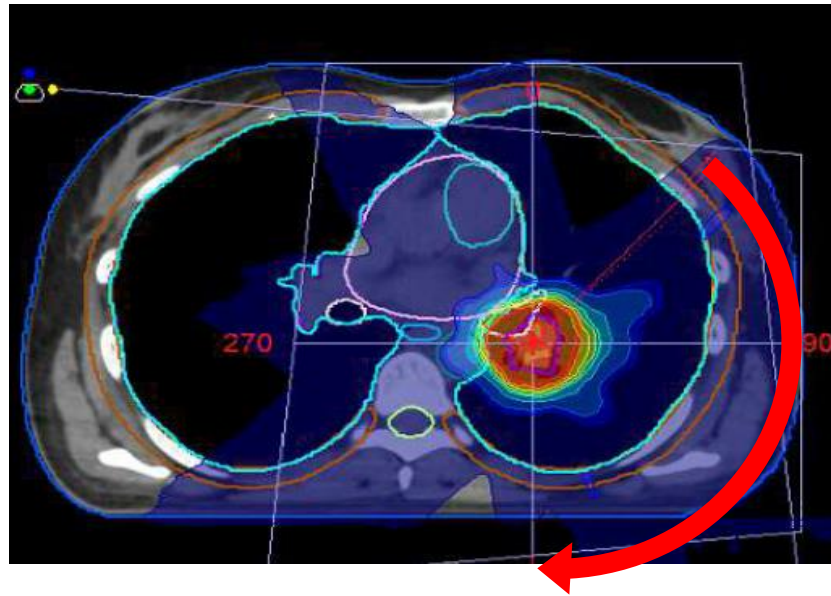


Fx 4



Clinical experience: 8 (Lung with DIBH)

- Lung metastases 35 Gy in 7fx
- Partial VMAT rotation, 6 FFF
- DIBH with ABC (spirometry)
- Separated entry and exit signal
- Very good geometrical agreement



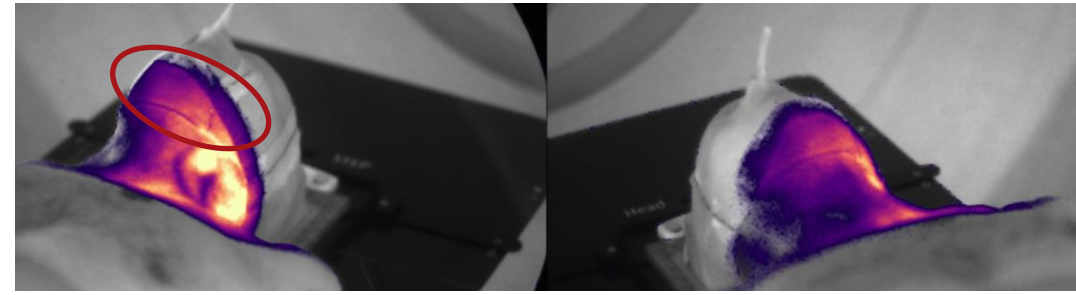
Clinical experience: 9 (H&N)

- Head and neck irradiation for lymph nodes (left)
- 39 Gy in 13fx, partial VMAT 6 MV

- Excellent inter-fractional agreement
- Limitations in mask region due to tape not mask material



Fx 1



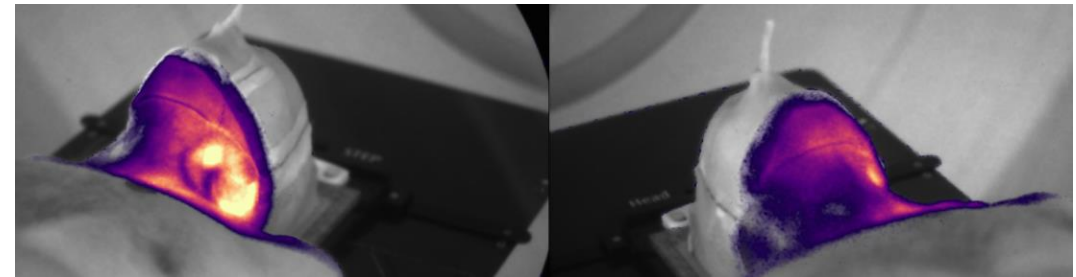
Fx 2



Fx 3

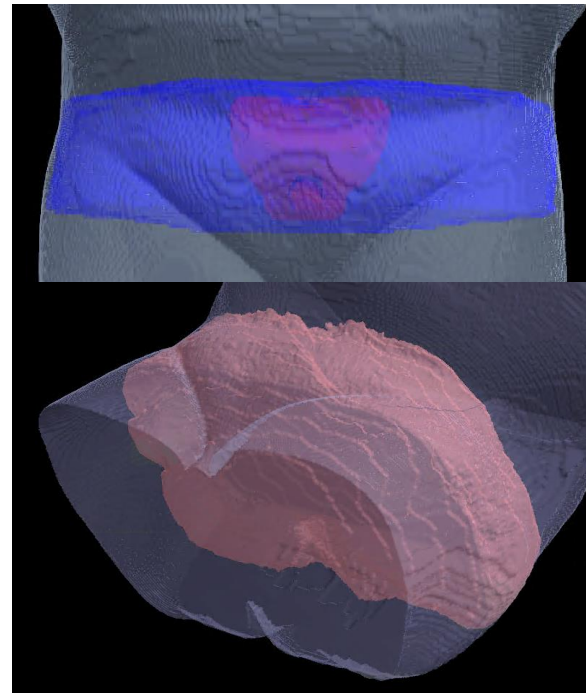
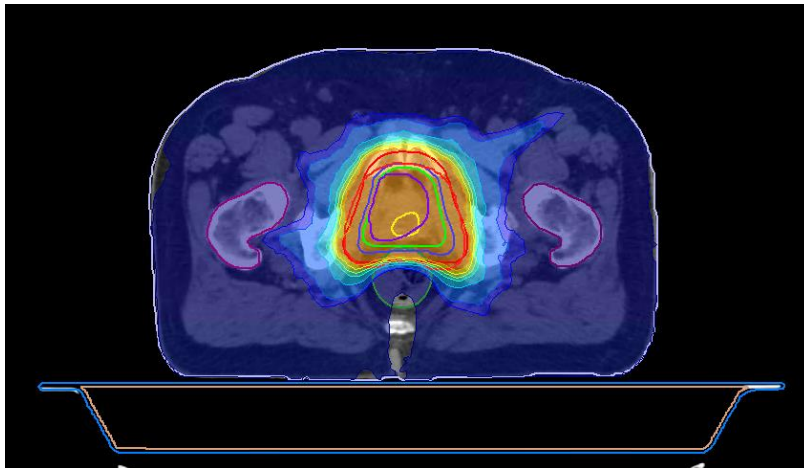


Fx 4



Clinical experience: 10 (Prostate)

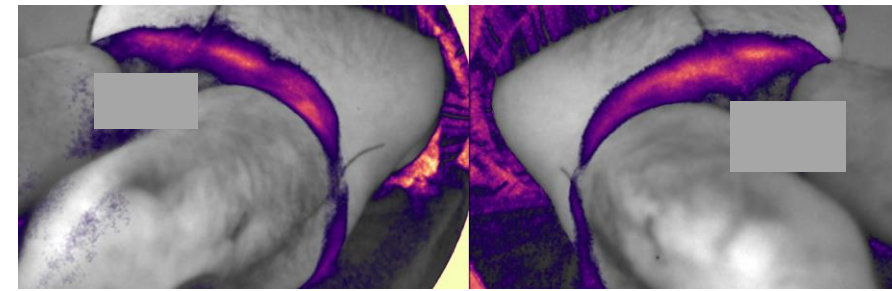
- Prostate irradiation
- 60 Gy in 30fx, 2 VMAT rotations 10MV
- (PRF issue solved after update)
- Low dose rates reduce the intensity of the Cherenkov signal



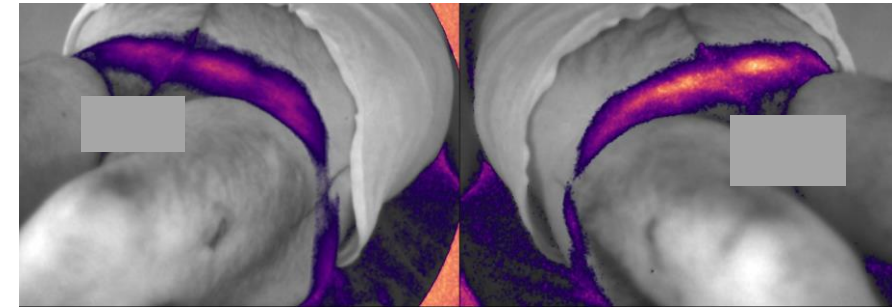
15% of prescription dose

PD Dr. Florian Stieler | Slide 24

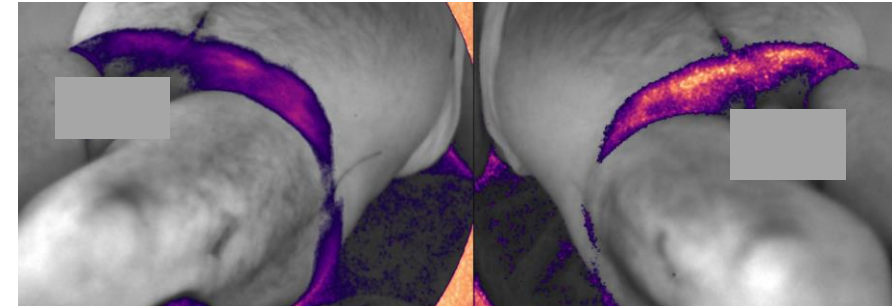
Fx 1



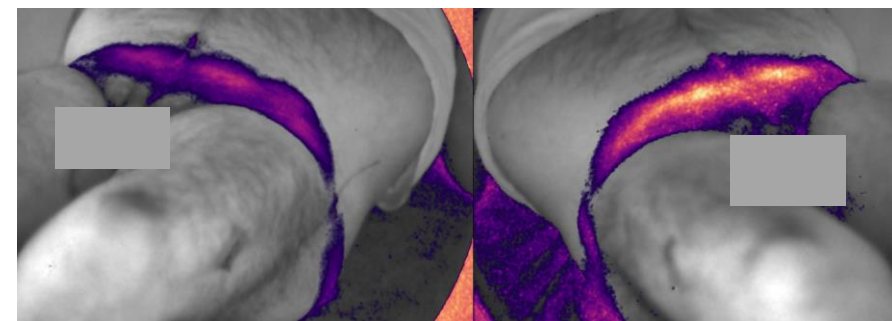
Fx 2



Fx 3

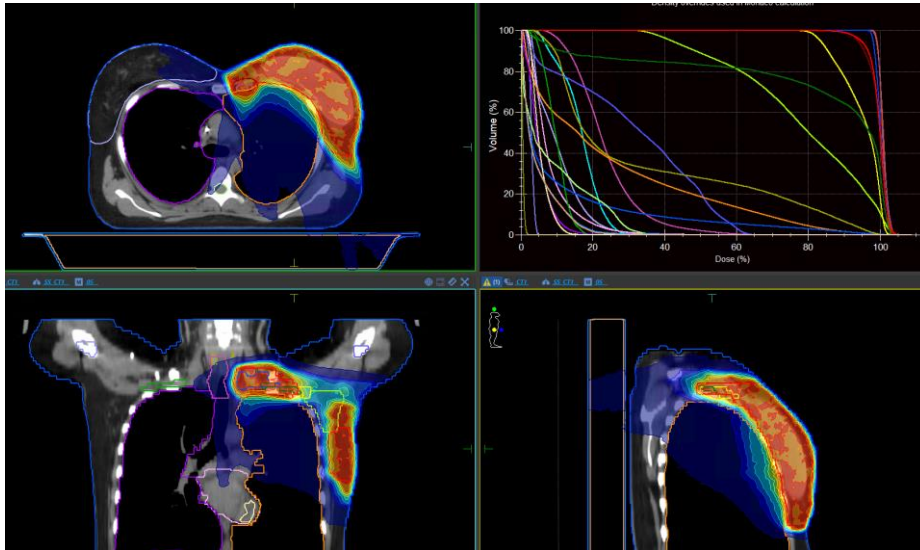


Fx 4

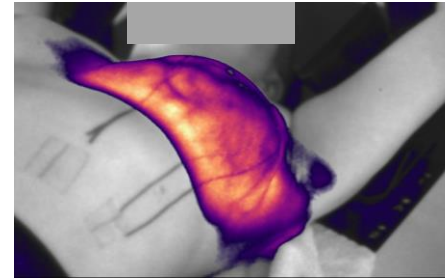


Clinical experience: 11 (Breast)

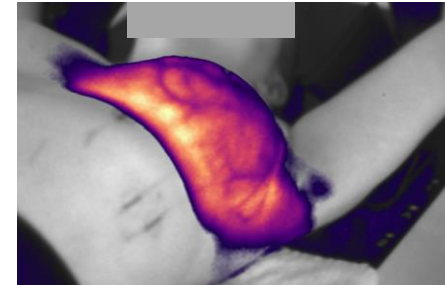
- Breast irradiation
 - including upper and mamma interna lymph nodes
- 50.4 Gy in 28fx, 2 partial VMAT rotations
- DIBH with real time coach
- Excellent geometrical agreement (DIBH)



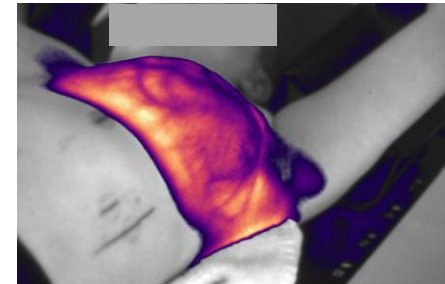
Fx 1



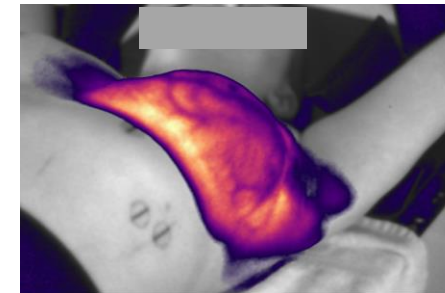
Fx 2



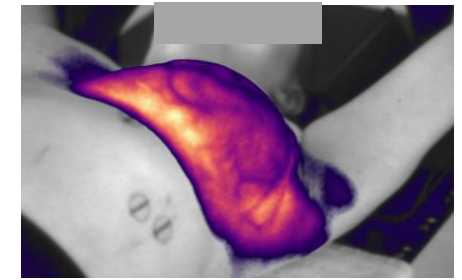
Fx 3



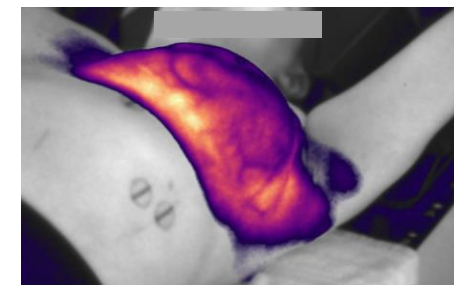
Fx 4



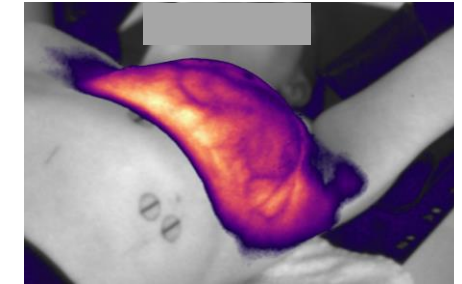
Fx 5



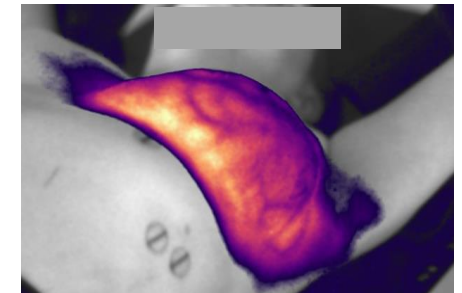
Fx 6



Fx 7



Fx 8



Conclusion

- Preparation of the linac room before installation (space for 5 cameras, room lights)
- Adaption of the clinical workflow
 - Turn off room laser/SSD-display
 - Reduce room light level to minimum
- So far, no irradiation errors detected
- Cherenkov-Tracking of different photon energies works
- Cherenkov signal is (currently) relative
- Low dose rates are (currently) not detected



Outlook

- Visualization inter-fractional differences (→ possible compensation before the end of radiation therapy)
- Visualization of intra-fractional differences (MLC-positions of RT-plan vs. real time Cherenkov image) and intra-fractional patient motion (→ SBRT)
- Detection of possible future skin reactions ?
- Risk management (protocol of real treated location)
- Dosimetry (IMRT QA, small-field-dosimetry)





Thank you for your attention

