

SGRT Annual APAC Meeting 2025: Delivering More Through SGRT

SimRT®: The Breast Cancer Experience at ONJ – From ABC to AlignRT®



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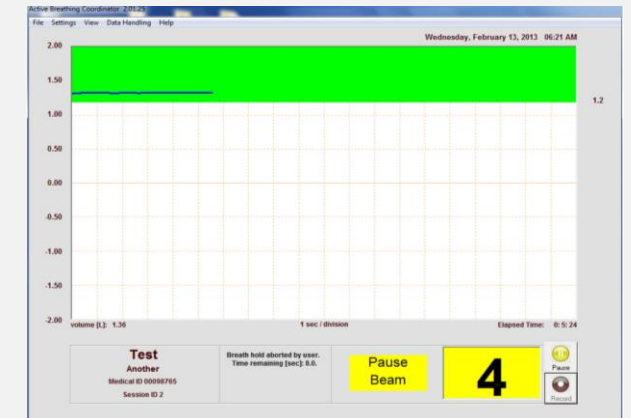
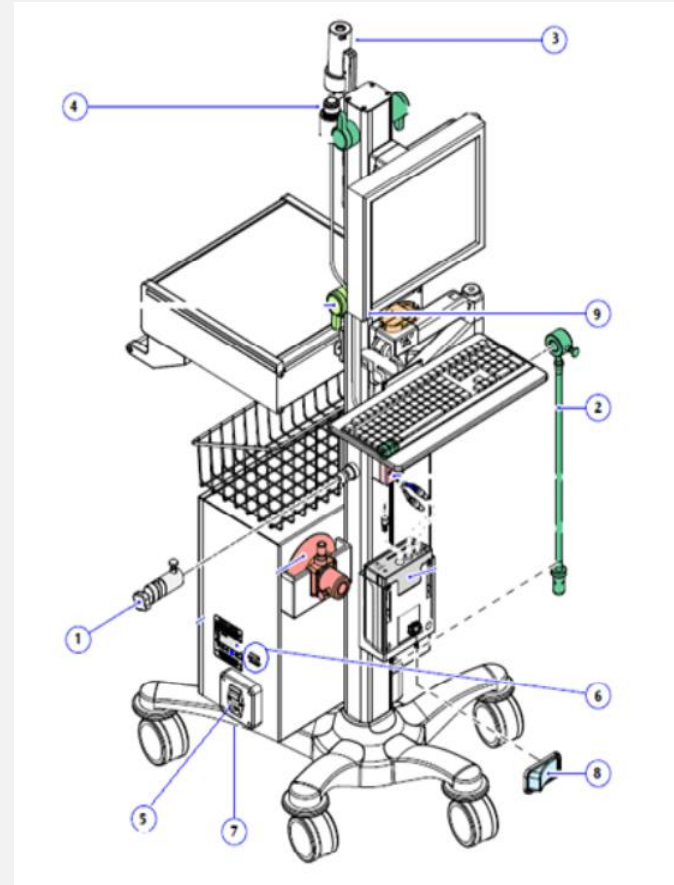
Introduction

- Transitioning from Active Breathing Coordinator (ABC)[™] to SGRT for breast cancer patients
- Role of SimRT
- Impacts of SimRT



Active Breathing Coordinator™

- Mainstay for DIBH treatment
- Equipment – ABC trolley
- How does it work?
 - "Locks" breath-hold at a pre-defined tolerance
- Challenges:
 - Comfort issues (mouthpieces/nose clip)
 - Patient compliance
 - Time-consuming setup - QA



Why shift to Surface Guided Radiation Therapy (SGRT)?



- SGRT benefits:
 - ***Tattoo-less***
 - Real-time surface tracking
 - Non-invasive and contactless
 - Potential to streamline existing workflows



What is SimRT® ?





Implementation Roadmap

1. Training and Preparation

– Building the Foundation



2. System Installation & Initial Setup

– Laying the Groundwork



3. Training & Workflow Refinement

– Perfecting the Process



4. Clinical Implementation

– From Theory to Practice



Implementation Roadmap



1. Training and Preparation – Building the Foundation

- Superuser training
- Drafting protocols
 - DIBH CT Simulation Work Instruction
 - SGRT Treatment Guidelines (Breast)
 - SGRT Import and ROI Creation





Implementation Roadmap



2. System Installation & Initial Setup – Laying the Groundwork

*Initial use at ONJ =
4DCT (Lungs + Abdomen)*



AlignRT® for DIBH SGRT

Camera
Upgrade

Physics Acceptance
Testing



Implementation Roadmap



3. Training & Workflow Refinement - Perfecting the Process

- Vendor training sessions
- Mock DIBH sessions
 - Bottlenecks?
 - Consistency
 - Fine-tune coaching strategies
- Iterative process





Implementation Roadmap

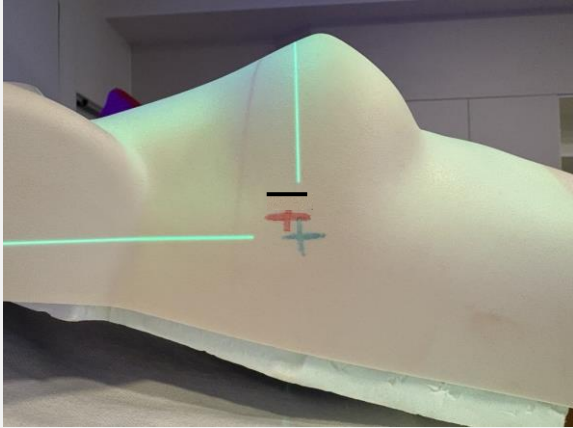


4. Clinical Implementation - Theory to Practice

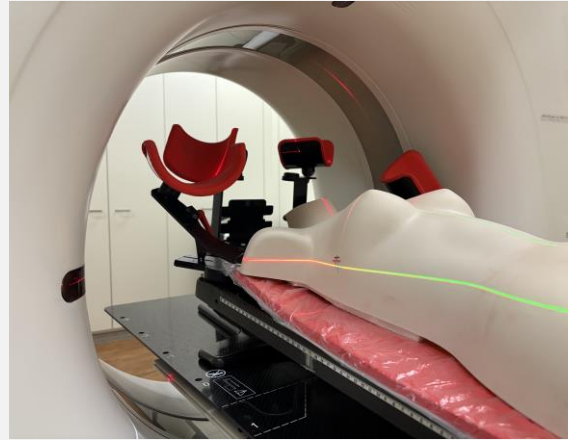




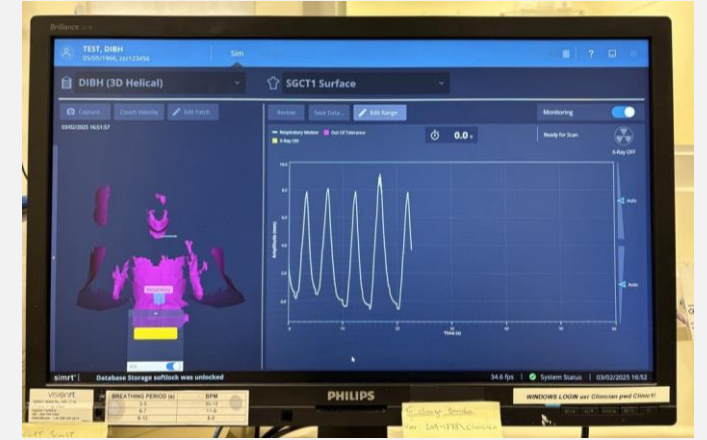
How do we use SimRT® ?



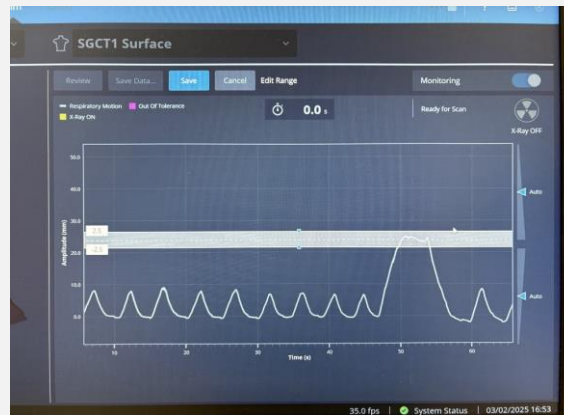
Practice outside the bore



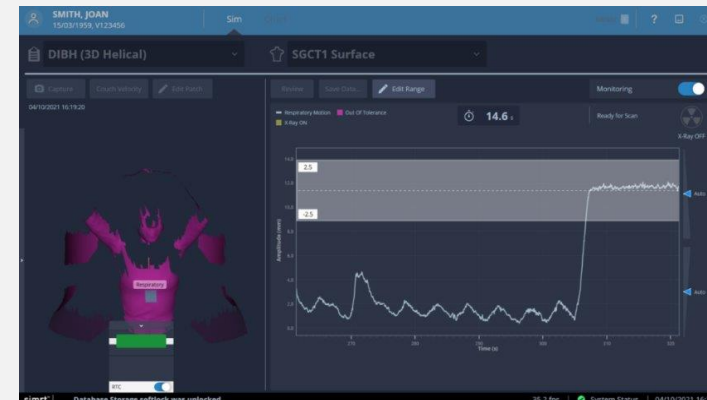
In the bore



Confirm breath hold



Adjust & save Range



Final Check

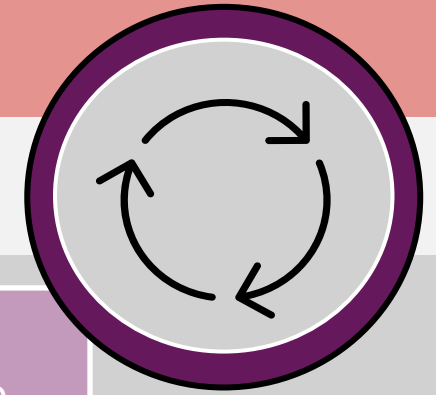
Impact at ONJ: Benefits and Key Outcomes





Clinical Workflow

ABC Workflow



SimRT Workflow



*Reduction in CT
simulation appointment
times*



Therapist Perspective



- Simplified workflow - reduced reliance on ABC equipment
- Greater patient education/engagement
- Limitation: Loss of precise control of patient breathing
 - Clear breath hold criteria
 - Constant reproducibility checks
 - Mock simulations & training



Patient Perspective



"I had picked up a brochure on my first visit and it mentioned tattoos, whilst it didn't upset me... the big thing about it was that it would be a reminder. So, it was a nice surprise learning that I wouldn't need tattoos."

"Without the snorkel, I felt more relaxed, and the breath hold was easier to maintain."

Key Insights and Next Steps

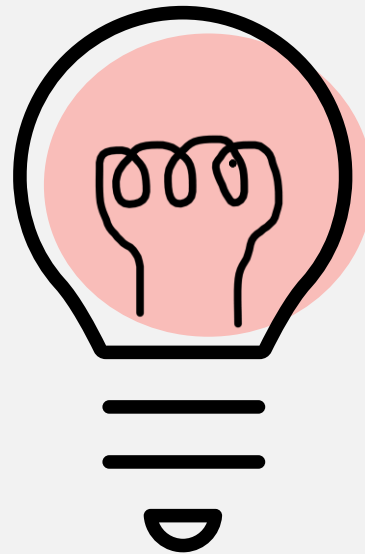




Lessons Learnt



SimRT provides a structured framework for SGRT integration.



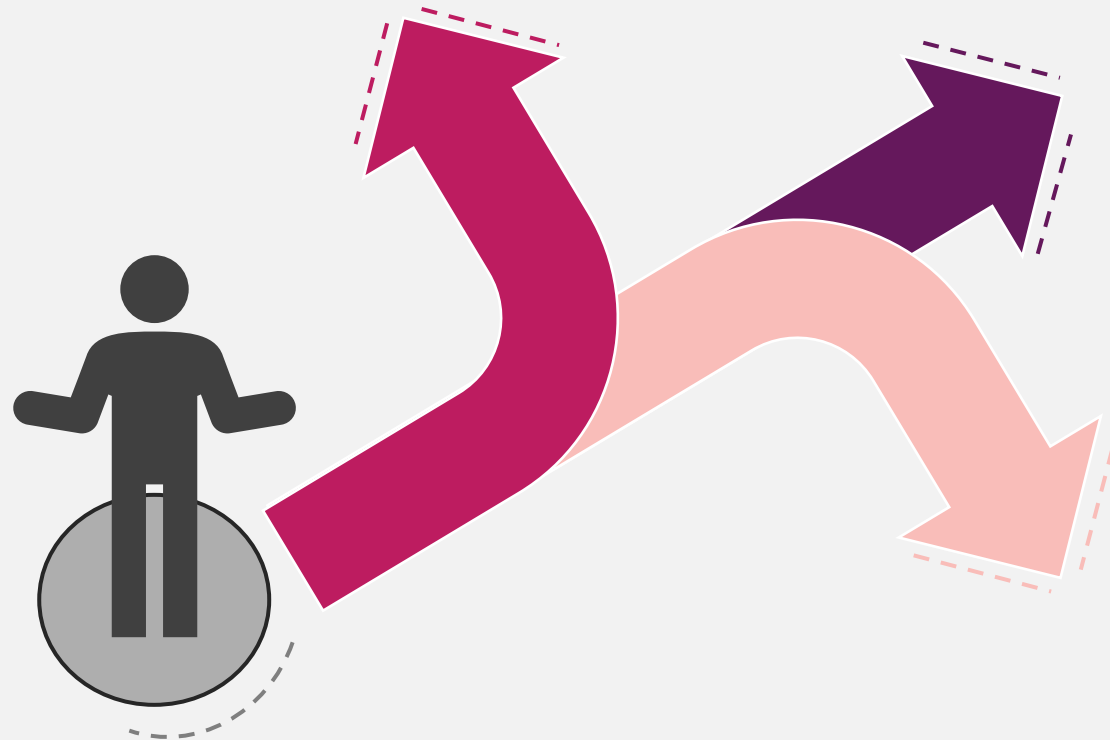
Improves patient comfort, workflow efficiency, and therapist satisfaction.



ONJ's experience highlights the clinical value of non-invasive surface tracking.



Looking Ahead



- **Refinement** of clinical protocols and processes
- **Expansion** of SimRT use to other treatment sites beyond breast cancer – Lung, Abdomen, Stereotactic radiotherapy
- **Research** opportunities

Conclusion



Acknowledgements & Questions?

I would like to acknowledge our incredible team (Radiation Oncology Department at ONJ), our patients and our collaborators in the development of this presentation.

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