Evolution of SGRT from Positioning to Motion management and beyond





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- Radiotherapy as a cornerstone in cancer treatment
- Importance of precision and accuracy
- Historical reliance on bony anatomy and skin markings



- Limitations of traditional positioning methods
- Importance of minimizing margins and sparing healthy tissue
- Non invasive
- Real time monitoring

SGRT

- 3D surface imaging for real time patient tracking
- Employs structured light or stereovision system
- Contact less
- Tattoo free



- Early systems : limited resolution , basic set up assistance
- Modern systems : sub mm accuracy, respiratory gating , Al enhancements
- Integration with TPS and Linac

VisionRT installed along with Versa HD phase one installation in October 2019



Clinical Workflow



Clinical Workflow



Centre Of Excellence

Our Experience

Total no of patients Treated by SGRT



SGRT SOP





Omega

OMEGA HOSPITALS

RADIATION THERAPY

WORKFLOW TO BE FOLLOWED FOR THE SRS BRAIN PATIENTS

Immobilization

- · Solstice SRS immobilization device will be attached to the iBeam overlay adapter · Customizable Cushion/ Aqua foam will be placed within solstice after few sprays of water
- and followed by squeezing to make the foam material uniform. · Cushion will take the shape of the patient head and solstice inside shape as well in few
- minutes.
- · Precise Bite (Mouth Bite) attaches easily to the thermoplastic cast and conforms to the teeth and/or maxilla to aid in effective and repeatable positioning
- · Clear Vision SRS thermoplastic cast taken out from the water bath and place it over the patient face and the same become more rigid in few minutes.

Imaging:

- · Plain and Contrast CT (1mm) will be performed with all immobilization devices on CT overlay
- · MRI sequences T1W, T2W, FIESTA and BRAVO will be acquired with the same position.

Planning and Evaluation:

- · Tumors and OAR's will be delineated once the MRI sequences were properly fused over planning CT
- · Treatment Planning process will be initiated once the dose prescription and OAR doses were given by radiation oncologist.
- Final Plan Evaluation followed by scheduling the plan in Mosaiq, Patient Specific QA and Executing dry run will be done.

Treatment Execution:

- · Once patient shifted from the reference to the PTV center/ iso followed by 2D image verification. CBCT with Hexapod Images will be acquired to correct the 6D shift. CBCT will be repeated once again to confirm the zero positional error in all translational and rotational directions.
- · Surface will be captured by AlignRT system, which helps to monitor the patient intrafractional position variation and Couch non zero angles monitor as well. · Treatment will be executed
- · A Final CBCT will be acquired to confirm the treated position at last

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SET UP



► Fast, accurate

- ► Replace tattoo
- Automated couch corrections
- Reduce set up time and variability

Immobilization













Cone Beam CT (CBCT)

- CT_1 - CBCT - 8/10/2009 08:59













SGRT can reduce set up time SGRT can reduce number of images

Bar Chart of Site Specific Translational positional errors



Bar Chart of Site Specific Angular positional errors

2,5

Angular Shift Laser Vs SGRT



Bar Chart of Site-Specific Laser Vs 2D-2D Imaging positional errors





Motion Management



- Real –time monitoring of patient movement
- Intrafractional motion detection (breast, lung)
- Respiratory gating like DIBH

Respiratory motion affects all tumor sites in the thorax, abdomen.

- Tumors in the lung, liver, pancreas, breast, and other neighboring sites are known to move due to respiration.
- Lung tumors can move several centimeters in any direction during irradiation.
- Lung tumor motion is independent of tumor size, tumor location, and pulmonary function .



- There are several types of breath-hold techniques available for reducing motion for lung or breast tumors.
- Breath-hold techniques often result in creating a larger separation between the chest wall and the heart
- which can be advantageous in treatments of the breast or chest wall.







► For DIBH planning patient need to undergo both Free Breathing(FB) and Breath Hold(BH) CT.

► FB CT's body structure will be used for patient positioning purpose

► BH CT's body structure will be used for treatment purpose with proper well defined ROI and threshold



ADVANTAGES OF DIBH

- Freeze organ/ tumor motion
- Separate heart from target (breast, IMN)
- Increase total lung volume



The NEW ENGLAND JOURNAL of MEDICINE ESTABLISHED IN 1812 MARCH 14, 2013

Risk of Ischemic Heart Disease in Women after Radiotherapy for Breast Cancer

- Population-based study in Sweden & Denmark
- Breast RT from 1958-2001:
 - > 963 major coronary events
 - ▶ 1205 controls
- Heart dose estimated:
 - " CT scan of a woman with typical anatomy"





Treatment Capture for adjusting patient position in Free Breath







Monitoring Patient

Real time patient 6D delta shift can be viewed through this monitoring option.

We can enable the Beam Hold option during patient monitoring with appropriate thresholds which really helps for the non cooperative and pediatric patients.

Even for Non Co planner Beams we can monitor the patient in a very precise way (0.1mm & 0.1 Degree).





Real Time Coach (RTC)



Real Time Coach









DIBH Patients





CARDIAC PERFUSION DEFECTS AT 6 MONTHS



Cardiac and lung sparing Radiotherapy in Breast and chest wall irradiation with SGRT DIBH technique

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ABSTRACT

Breast cancer is the commonest cancer among women requires multimodality treatment including adjuvant radiotherapy for better loco regional control. Long term toxicity to heart following chemotherapy especially anthracyclines and Trastuzumab is inescapable. The adjuvant radiotherapy escalates the morbidity and damage caused by chemotherapy. It is necessary to reduce long term toxicity for better survival with reduced morbidity. Deep inspiratory breath-hold technique is a state of art technique for reducing heart doses without compromising target coverage. The technique permits less dose to the heart and ipsilateral lung.Our study explores the benefit of using DIBH with SGRT in left sided breast cancer radiotherapy

OBJECTIVES

To evaluate dosimetric advantage, feasibility, and improvement in patient positioning by using SGRT with deep inspirational breath-hold (DIBH) technique over free breathing (FB) technique for reducing cardiac and ipsilateral lung dose in breast irradiation

MATERIALS AND METHODS

Ninety-Eight patients with left breast cancer including chest wall and whole intact breast received adjuvant radiotherapy were studied in this study. The target volumes (chest wall, axilla and supraclavicular region), including organs at risk (OARs, ipsilateral and contra lateral lung, heart and contra lateral breast) were delineated as per the RTOG (Radiation Therapy Oncology Group) contouring guidelines. The mono isocentric Forward IMRT (fields in the field) treatment plans were generated with the Monaco Treatment Planning System (ELEKTA Medical Systems) for both FB and DIBH images, doses to the target volume, OARs and patient's positional shifts with three point laser and Align RT (VisionRT) surface guided RT were compared.

RESULTS

Among Ninety-Eight enrolled patients, average Dmean, V5%, V10%, V30% to heart with DIBH is 6.27 Gy, 33.04 Gy, 19.49 Gy, 3.85Gy respectively. Average Dmean, V5%, V10%, V30% to heart with free breathing is 8.87Gy, 42.2 Gy, 29.9 Gy, 4.9Gy. which shows a statistically significant reduction in dose delivered to heart by using DIBH technique. Average dose to lung in terms of V30 Gy, V20Gy, V12Gy, V5Gy with DIBH is observed to be 24.38%, 28.9%, 36.51%, 48.98% respectively. While using FB technique lung doses in terms of V30 Gy, V20Gy, V12Gy, V5Gy with DIBH is observed to be 27.86%, 32.74, 37.58, 49.45 respectively. With DIBH dose received by lung was significantly lower than in FB.





FB







DISCUSSION

Techniques of radiotherapy have improved over the years in an attempt to decrease doses to OARs and thereby reduce the probability of complications. The respiratory, cardiac, and gastrointestinal systems affect the movement of the target during radiotherapy, among which respiratory motion has a significant effect on intra- and interfractional treatment delivery. DIBH technique is one of the most effective and reproducible methods.DIBH with SGRT results in improving patient positioning accuracy, monitoring and correcting intrafraction motion, detecting anatomic changes which leads to more accurate treatment delivery to Target volume and less dose to OARS.

CONCLUSIONS

Surface guided radiotherapy helps in precise positioning and patient monitoring which aims at more accurate treatment delivery. DIBH with SGRT is an excellent heart sparing technique in breast radiotherapy. It results in significant reduction in doses to lungs and heart.

REFERENCES

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- 2. Rochet N, Drake J-I, Harrington K et al. Deep inspiration breathhold technique in left-sided breast cancer radiation therapy: evaluating cardiac contact distance as a predictor of cardiac exposure for patient selection. Pract Radiat Oncol 2015;5:e127-34.
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SGRT-SRS-Delivery



Position Patient using AlignRT to Reduce Rotations and Translations Acquire CBCT to Assess Patient Position Adjust Patient Position with Hexapod based on CBCT Registration Acquire 2nd CBCT to verify the applied 6D shift Acquire a New AlignRT Reference in the Current Treatment Position Monitor Patient Motion with AlignRT for all the beams

Acquire 3rd CBCT to verify the patients remains in the same position

Immobilization for SRS/SRT

- Solstice SRS immobilization device will be attached to the iBeam overlay adapter
- Customizable Cushion/ Aqua foam will be placed within solstice after few sprays of water and followed by squeezing to make the foam material uniform.
- Cushion will take the shape of the patient head and solstice inside shape as well in few minutes.

iBEAM® Overlay Adapter, Type-S™





Immobilization for SRS/SRT

- Precise Bite (Mouth Bite) attaches easily to the thermoplastic cast and conforms to the teeth and/or maxilla to aid in effective and repeatable positioning.
- Clear Vision SRS thermoplastic cast taken out from the water bath and place it over the patient face by leaving proper opening space on the forehead for creating ROI.

Precise Bite[™] Patient Re-Positioner



Solstice[™] SRS Immobilization System









lete Parent Beams

Field ID	Visible	Delivery		GD Treatment Unit	Modality		Algorithm		GD Energy		MU / Fx	SSD (cm)	GO Isocenter Location		X (cm)	Y (cm
ARC41	~	VMAT	-	VersaHD	Photon	*	Monte Carlo	-	6.0 FFF	-	1119.17	95.89	Setup Reference Point		0.07	0.10
ARC42	~	VMAT		VersaHD	Photon		Monte Carlo	-	6.0 FFF		969.99	90.65	Setup Reference Point		0.07	0.10
ARC43		VMAT	-	VersaHD	Photon	*	Monte Carlo	-	6.0 FFF	+	1393.56	95.89	Setup Reference Point	*	0.07	0.10
ARC44	~	VMAT	-	VersaHD	Photon	-	Monte Carlo	-	6.0 FFF		631.09	95.89	Setup Reference Point		0.07	0.10
ARC51		VMAT	*	VersaHD	Photon		Monte Carlo	-	6.0 FFF	-	1025.25	95.89	Setup Reference Point	*	0.07	0.10
ARC52	-	VMAT		VersaHD	Photon		Monte Carlo	-	6.0 FFF		1028.99	95.89	Setup Reference Point		0.07	0.10
ARC53	•	VMAT	*	VersaHD	Photon		Monte Carlo	-	6.0 FFF	*	1324.13	95.89	Setup Reference Point	*	0.07	0.10
ARC54		VMAT		VersaHD	Photon	*	Monte Carlo	-	6.0 FFF		528.56	93.29	Setup Reference Point		0.07	0.10
							<click add<="" td="" to=""><td>a new</td><td>beam></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></click>	a new	beam>							

SRS CBCT Vs AlignRT Shifts

	Lat	Long	Ver	Pitch	Yaw	Roll
CBCT-1	0.1	0.14	0.13	0.34	0.71	0.51
Dicom Vs VRT	0.04	0.07	0.1	0.31	0.6	0.61
CBCT-2	0	0	0	0	0	0
CBCT-3	0	0	0	0	0	0



Adaptive Radiotherapy















Sometimes there could be increase in volume









Pediatric Patients





AlignRT Calibration



Alignment and Calibration of the AlignRT Isocentre to a surrogate for the Radiation Isocentre

Performed Monthly or As Required





Original Article

Review of clinical applications and challenges with surface-guided radiation therapy

ABSTRACT

Aim: To evaluate the use of this new technique, surface-guided radiotherapy (SGRT), for patient setup and motion management in various cancers.

Materials and Methods: Data was collected from 533 patients, who received treatment in our hospital for various malignancies using SGRT from October 2019 to April 2021. We studied patient setup, interfraction position, and patient position during the breath-hold (BH) technique. The main advantage of SGRT is that, it is completely non-invasive and uses visible light to compare the patient's skin surface in the treatment room and planned treatment position. In this analysis, Monaco 5.51.10 (Elekta) treatment planning system, Versa HD Linear Accelerator, and AlignRT 6.2 (Vision RT) SGRT system were used.

Results: With SGRT, treatment setup time can be reduced with more precision and techniques like Deep inspiration breathhold (DIBH) can be done with very good compliance.

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Why SGRT?



Key Advantages

- Improved Accuracy and Precision
- Real time Motion Monitoring
- Non Invasive and Comfortable
- Reduced Imaging Dose
- Supports Advanced Techniques
- Workflow Efficiency





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